

PeriOperative Potpourri

New Orleans - Chapter 1902

October 2016

2016 – 2017 Officers

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President's Message

After such a record-producing hot summer, the temperatures are finally starting to cool down. Football is back on and life becomes normal again. Crisp breezes at Homecoming games, and Tailgate parties bring out so many of those cute sweaters and sweatshirts. Mostly in Pink. Yes, it's October and another reminder to stay focused on Breast Cancer Awareness. Pink Dat!

Nathalie just recently reminded us that AORN of New Orleans turns 66 this week, on October 5th. "We owe a debt of gratitude to these courageous ladies for laying the groundwork which we will strive to follow." Couldn't say it any better myself!

And in celebrating nurses, I hope everyone has some great plans for next month. PeriOperative Nurses week is November 6-12, and we have so much to be thankful for. Be thankful for our health, our loved ones, and that we get to do what we love to do, each and every day!

Best Wishes,
Ramie Miller, MSN, RN, CNOR –
AORN of New Orleans – Chapter 1902
President



AORN of New Orleans Legacy 1950-2000



AORN of New Orleans was founded from great wisdom and foresight. In 1950, Marian Fox began working at the Veteran's Hospital in New Orleans. Her previous work assignments had been in New York City, New York and Houston, Texas. Operating room supervisors in both of these cities had seen the benefits of meeting together as colleagues and that these meetings provided a great avenue for exchanging ideas, solving problems, and all of the benefits for which AORN membership is now known.

The original meeting was held at Hotel Dieu Hospital and was attended by Sr. Mary James Gallagher and Sr. Patricia Garland, both from Charity Hospital, Marian Fox and Vera Richards from Veterans Hospital, and Sr. John Gabriel McPhoe from Hotel Dieu Hospital. They are pictured seated in the picture above. Standing are Mary Ragas from V.A. Hospital, Agnes Hanger from Public Health Hospital, Lucy Curry from Baptist Hospital, and Harriet Britt from Toussaint Infirmary.

We owe a debt of gratitude to these courageous ladies for laying the groundwork which we will strive to follow.

Chapter 1902 Calendar 2016-2017

Monthly Meeting Dates

October 26th-EJGH
November 16th-Social
December –No Meeting
January 25th-Dinner Meeting
February 15th-Ochs Jeff Hwy
March 22nd-Potluck, Ramie
April 26th-Ochsner Kenner
May 24th-Social
June 28th-Installation Dinner

Special Events

October 20nd-23rd, LASN in
Shreveport

November 8th-14th,
PeriOperative Nurses Week

November 24th-
Thanksgiving

January 14th –Winter Seminar,
EJGH

February 28th- Mardi Gras

*Meetings start at
4:30 PM unless
otherwise noted*

Legislative Report by Nathalie Walker, MBA, RN, CNOR

Keep up to date on Legislative Action

The National Legislative Forum (NLF) holds monthly calls for members interested in legislative efforts and trends across the country. The NLF calls will include guest speakers, topic discussion, advocacy training, legislative updates, and much more. If you are interested in participating in the monthly NLF calls, which take place on the 3rd Monday of each month at 5pm PT, 6pm MT, 7pm CT, 8pm ET, please send an email to Danielle Glover, AORN Government Affairs Manager at dglover@aorn.org and ask to be placed on the NLF email list.

By participating in the NLF, you will be able to advocate for your patients and your profession, help promote good perioperative nursing policy in your state, and have a better understanding of how legislation and regulations impact your operating rooms.

Please register to vote and remember early voting in Louisiana starts October 25, 2016.

Important campaign dates:

- Sept. 26: First presidential debate
- Oct. 4: Vice presidential debate
- Oct. 9: Second presidential debate
- Oct. 19: Third presidential debate
- Nov. 8: Election Day!

For questions, contact Danielle Glover, AORN Government Affairs Manager at dglover@aorn.org. AORN does not endorse political candidates.



Respectfully Submitted by,
Nathalie Walker MBA, RN, CNOR
AORN of New Orleans, Chapter 1902- Legislative Chair

Membership Information

Please remember to renew!

- Total Members – 191
- Standard – 117
- Lifetime – 10
- 2/3yr - 17
- Retired – 12
- Associate – 5
- Student Members – 30

When you renew, please check your membership card to see that it states “Chapter 1902”. If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay.



Please invite all
Perioperative Nurses
to our meetings!

Member Resources



<http://http://www.facebook.com/AORN>



www.ornurselink.org/Pages/home.aspx

3M has upcoming webinars at which you can obtain free CEU's.

<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcalendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no “s”)

Chapter Webpage:

www.aornofneworleanschapter1902.com

Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

October

- Brittany Beaujeaux
- Patrick Beshears
- Marie Cleary
- Linda Demoruelle
- Paula Giles
- Craig Koppen
- Denise Pappas
- Darlene Russo
- Ahslee Taravella
- Brooke Troxclair
- Yolanda D. Washington

November

- Essie Broussard
- Anissa Buras
- Rochelle Casaubon
- Christal Cook
- Myra DiGrange
- Sandra Dupas
- Kerry Dupre
- Bill Ford
- Deborah Garbee
- DeJaneshia Lee
- Donmeisha Murray
- Cheri Pierre-Miller
- Rene Toomer

Member News

If you have news from your facility
Please send any updates to
Mary Anne Toledano
at: matoledano@outlook.com



Meeting Minutes - from the secretary:

Meeting called to order at 4:48PM by President Ramie Miller.

Quorum:

Mandy Sanchez, Chapter Secretary, reported that a quorum was a present for the meeting. (Number of members present, including three (3) members of the Board of Directors, two (2) of whom are officers, and a minimum of 4 chapter members constitutes a quorum of the membership.)

Approval of the minutes:

The minutes were sent out in the newsletter and published on the website. There were no corrections to the minutes. The minutes were approved as published.

Treasurer's Report:

Sheila Ostrow, treasurer, gave the financial statement:

- Account Balance: \$8,675.99
- Debits this month: As of today, we gave \$100 toward flood relief. Jane Flowers sent the money for Baton Rouge and the chapter sent it in her behalf.
- Credits this month: National Sept dues of \$122.75 (this is reflected in the Balance)

Old Business:

- Seminar Update: Frances is still finalizing the information from the speakers who have already committed their time to the workshop. Please post the Save the Date Flyer – January 14, 2017. Don't forget that the LA State Council will meet following the seminar.
- AORN of New Orleans shirts still available for \$25. Contact Nathalie if you are interested in purchasing one!

New Business:

- None

Welcome our Speaker:

Ramie welcomed our sponsor for the meeting, Curt Coppock and the speaker, Kristie Briggs, RN, BSN. Thanks to Curt Coppock and ERBE for providing the refreshments, the speaker and the contact hour.

Program: "Electrosurgery and Argon Plasma Coagulation: Use and Safety in the Operating Room"

- Here are a few key take-aways from the continuing education program:

Electrocautery vs Electrosurgery:

- Many use the terms interchangeably but there is a difference! Electrocautery uses direct current that moves in one direction. Basically, this is heating a wire that comes into contact with the tissue. Electrosurgery uses high frequency alternating current and there needs to be a complete circuit of electricity.

Why aren't patients electrocuted when electrosurgery is used?

- High frequency alternating current is the reason! ESUs work at 350,000Hz for a therapeutic effect (anything over 100,000 cannot be processed by the neuro system).

Electrosurgical Thermal Effects on Cells:

- When the surgeon uses cut, the water inside the cell boils, cell water turns to steam, cell explodes separating from adjoining cells, and a cleavage plane is created. Clinically, this is CUT.
- Coagulation uses higher voltage, followed by cooling periods, allows the cellular proteins to slowly denature.
- Blend is a cutting function.

Return Electrode Basics:

- Place the return electrode over a well vascularized area, close to the surgical site (shortest circuit possible).
- Place the LONG side of the pad toward the operative site
- Where not to place the pad? Boney prominences, scar tissue, tattoos, implanted metal prosthetics (metal and scar), hairy surfaces (clip if needed), skin with lotions or oils.
- Use Contact Quality Monitoring systems. Pad site burns continue to be an issue mainly because mono foil or single pads (performs only completion of the electrical circuit) are still in use. Basically, the mono foil pads bypass the pad safety system of generators. Dual foil or split pads complete the electrical circuit, disperse the current density and engages the safety system of the unit to monitor for high current density.
- Open pad when ready to use. Do not use a pad that has been opened (conductivity may be compromised).

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Chapter 1902 Community Outreach Project:

Please bring non-perishable items, hotel shampoos, etc. to next meeting for the homeless shelter at St. Joseph’s Catholic Church on Tulane Avenue. Sharon Guardina will drop them off to the shelter.

- Small bottles of shampoo
- Non-perishable foods items
- Eye glasses
- Socks

Thank you!!!



Meeting Minutes - Continued

- Don’t reposition a return electrode that is already in place. Open and use a new return electrode if repositioning is needed.
- Remove pad slowly to prevent skin shearing.

Argon Plasma Coagulation

- APC is non-contact monopolar coagulation. Gas flows to end of probe and meets electricity at the end. It may be applied perpendicular to tissue or straight on.
- Advantages – non-contact application (will not stick to the tissue), smoke is reduced, thinner, more flexible eschar (decreases chance of re-bleed), widespread areas can be treated.
- Never use for active bleeding.
- Purge the probe at least twice before placing in the scope channel, APC about 1-5mm from tissue.
- A static technique can be used to focus in a single area; thermal penetration will increase over time, carbonization and vaporization can occur with long activations in one area. For superficial treatment, short activation times of 1-2 seconds are used. A dynamic technique can also be used where the probe is moved with paintbrush technique.
- APC SAFETY: Important considerations for APC during laparoscopy: Never exceed 2.0 liters per minute of flow for laparoscopy, confirm gas flow (with APC use) and settings prior to activation, never aim directly at a blood vessel.

Fire Prevention:

- It is estimated that there are between 550-650 ESU-related fires per year!
- Remember fire triangle (ignition source, fuel, oxidizers).
- Always use the Fire Risk Assessment Tool – look for high risk and notify the team of prevention measures.
- Anytime working in airway or around the face, keep nasal cannula oxygen at 3L or less or FiO2 concentration at 40% or less (mask deliver is high risk).

Additional Safety Notes:

- The removal of patient’s jewelry is recommended by ESU manufacturers and AORN guidelines. Subdermal piercings must be considered because they cannot be removed. Check to see if your facility has a waiver for the patient to sign if the jewelry not being removed. Implanted Electronic Devices need to be considered with the selection of the mode for electrosurgery and return electrode placement. Ask in Preop if the patient has one (there are so many now!). Planning is the key! Time may be needed to find out what specific recommendations need to be employed for safety when monopolar electrosurgery is needed. The recommendation is to use bipolar when possible. If the MD must use monopolar: apply the dispersive electrode close to the

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Louisiana Council of AORN Chapters

Future Meeting Dates:

- Saturday, October 8, 2016, Baton Rouge
- Saturday, November 12, 2016, Beach Seminar
- Saturday, January 14, 2017, Metairie
- Saturday, April 1, 2017, Boston
- Saturday, July 15, 2017, Shreveport



Meeting Minutes - Continued

to the operative site, but as far away from the IED as possible and use lowest setting and shortest activations to achieve the desired tissue effect.

- For MIS, consider the dangers of direct coupling (touching the laparoscopic electrode to another anatomic structure), insulation failure, capacitive coupling (especially with hybrid systems). Understand the risks!

- Always have resuscitation equipment ready.
- DOCUMENT safety measures used!

Announcements:

- Next State Council Meeting is October 8th.

Adjournment:

With no further business, the meeting was adjourned @ 6PM



Louisiana Nursing License RENEWAL UPDATE

Your RN license will expire if not renewed on or before January 31st, 2017.

Renew online by visiting the new Nurse Portal here: <https://lsbn.boardsofnursing.org/>

BENEFITS of Renewing On-Line:

- FAST, EASY and Efficient.
- Available 24 hours per day, renew anywhere, anytime
- Process takes approximately 15 minutes.
- You will be directed to print out the receipt for your renewal process to keep for your records.
- You will receive an email verifying your payment was received.
- Fewer errors with online renewal.
- License will be updated within next business day
- In order to renew you will need to document compliance with re-licensure requirements for practice and continuing education. You may review the requirements at <http://www.lsbn.state.la.us/Portals/1/Documents/Forms/CEReq.pdf>.

\$50 LATE FEE IN EFFECT AS OF 1/1/2017 12:00:00 AM CST

Need Volunteer Hours for Career Ladder?

The New Orleans Medical Mission needs volunteers. They meet at 625 Distributors Row on Wednesday and Saturday mornings from 9 am 1 pm. They pack inventory to get it ready for shipping to locations in need. If you need volunteer hours they would love your help. They also go on medical missions. They are collecting school uniforms and sports uniforms for Honduras. If anyone is interested in volunteering or have donations please contact Mary Morvant at Robotqueen311@hotmail.com.



WHAT: *AORN Chapter 1902 Winter Seminar*

WHEN: *January 14, 2017 (Saturday)*

WHERE: *EJ Conference Center, Metairie, LA*
More Info Coming Soon