



PERIOPERATIVE POTPOURRI

New Orleans - Chapter 1902

December 2014

2014- 2015 Officers

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President's Message

I want to thank those of you who attended our dinner social on Wednesday, November 19 at Porter and Luke's. I appreciate every one of you who came.

Our 3rd Annual Winter Seminar will be held on Saturday, January 17, 2015 at East Jefferson General Hospital. The theme of our seminar is "The Business of Nursing". The planning committee has worked hard to develop a program promoting lifelong learning and thinking out of the box to incorporate topics for the well being of individuals. Just a reminder, this seminar is our fundraising project and will include vendor representatives and silent auction. A program will be sent to everyone in

December. Please mark your calendars and make plans to attend. We are asking for everyone's support.

Our regular monthly meeting will be on Wednesday, January 28, 2015 430p at Ochsner, Jefferson campus. Peter Graves

will speak on Combating Surgical Site Infections. This session is approved for 1.0 contact hours. Everyone seems to be in full holiday mode...we seem to be more busy than usual with end of year activities, shopping, decorating, cooking, parties and anything else we determine to be important. There seems to be more people out and about and I find myself asking, where are they the rest of the year? This time of the year can be very stressful and cause lots of anxiety but try and remember what it's really about. Wishing you a wonderful and safe holiday season - Merry Christmas and Happy New Year! See you in January....And then comes Mardi Gras.

Respectfully Submitted,

Melissa Guidry



Chapter 1902 Calendar

**Meetings start at 4:30 PM
unless otherwise noted**

December - No Meeting

**January 28th – Ochsner
Jeff Hwy;**
Speaker Peter Graves for
one CE credit

**February 25th – Pre-Expo
Potluck**

**March 7-11 – Expo in
Denver**

March 25th – ILH

**April 22nd – VA or
Children's**

**May 27th – VA or
Children's**



**June 24th – Installation
Banquet**

Other important dates:

March 7-11 - Surgical
Conference & Expo in Denver,
Colorado

Education

**These Continuing Education programs are in the November
AORN Journal – check them out . . .**

- 1.6  Implementing Hexaminolevulinate HCl Blue Light Cystoscopy: A Nursing Perspective
ANNE E. CALVARES, MSN, RN, CRNP; EDOUARD J. TRABULSI, MD, FACS; MARYANN SONZOGNI, BSN, RN; LEONARD G. GOMELLA, MD, FACS; COSTAS D. LALLAS, MD, FACS; KRISTEN S. WACHSMUTH, DHSc, MBA, RN
- 1.7  Back to Basics: Implementing the Surgical Checklist
LISA SPRUCE, DNP, RN, ACNS, ACNP, ANP, CNOR

Legislative Report by Nathalie Walker, MBA, RN, CNOR

Don't forget to vote on December 6th!

Have you ever wondered what your Louisiana Legislators did in this year's 2014 Legislative Sessions? Click on this link

<http://www.legis.la.gov/legis/CitatorIndex.aspx?sid=14RS>

for a complete summary.

And if you're interested in important dates and activities scheduled for the up coming 2015 Louisiana Session you will find that information at

<http://www.legis.la.gov/legis/home.aspx>

Nathalie Walker MBA, RN, CNOR
AORN of New Orleans, DOB
Legislative Chair



Community Outreach Project:

Sharon Guardina brings non-perishable items, hotel shampoos, etc. to the homeless shelter at St. Joseph's Catholic Church on Tulane Avenue. Please bring any of the following items to the next meeting:

- Small bottles of shampoo
- Eye glasses
- Non-perishable foods items
- Socks

Thank you!

Current Membership

Please remember to renew!

Total Members – 185

Lifetime – 5

2/3yr - 24

Retired – 7

Associate – 4

Student Members - 38

APSNA – 1

When you renew, please check your membership card to see that it states “Chapter 1902. If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay

Invite all Perioperative nurses to our meetings!

AORN Resources



<http://http://www.facebook.com/AORN>



www.ornurselink.org/Pages/home.aspx

3M has upcoming webinars at which you can obtain free CEU's.
<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcaendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no “s”)

Chapter Webpage:

www.aornofneworleanschapter1902.com

Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

December

Tiffanie Bourgeois

Faron Carpeneier

Ramie Miller

Gretchen Sagona

January

Gwendolyn Billiot

Ross Cunningham

Roxanne Elliot

Katie Faciane

Cindy Fitzsimmons

Robin Fontana

Kelly Kuyper

Eric Landry

Wendy Navarro

Emilie Patterson

Michelle Schlafly

Sylvia Schwarzenback

Jennifer Seal

Chapter News

Send me your news!!!

**If you have news
from your facility
please send
any updates to
mtoledano@ochsner.org**

Meeting Minutes - from the secretary:

Please review the November chapter meeting minutes for approval.

The Chapter 1902 holiday banquet took place on Wednesday, November 26th at 5:30 PM at Porter & Luke's located at 1517 Metairie Road. The cost of dinner was \$25.00. The group gathered for cocktails then sat down for dinner at 6 PM. A dinner salad and a choice of entree consisting of pecan catfish, veal parmigiana and chicken alfredo were served. Melissa Guidry brought a doberge cake from Gambinos for dessert.

After dessert, Melissa pulled tickets to see who won the door prizes. The lucky winners were Judy Bauer, Mary Anne Toledano, Mandy Martin-Sanchez, Linda Levesque, Kay Bourq, Nancy Iovino, Paris Rezaimehr and Darlene Russo. Melissa thanked everyone who attended and wished every one a happy holiday season. The group disbanded at 8 PM.

ROCK The Big Easy in 2015!



What if we guaranteed you'd see the Finish Line at the 2015 Rock n Roll Marathon in City Park?!? Then come put on January 25th as a Medical Volunteer! We are the "AORN of New Orleans" Medical Tent team at the 1/2 Marathon Finish Line!!!

Come Join our Crew! Click on this link: <http://runrocknroll.competitor.com/new-orleans/volunteer>
And then . . .

- 1) Click Red Button "Medical Volunteer Information."
- 2) Click Red Button "Medical Volunteer Signup."
- 3) Click "An individual registering to volunteer as part of a group"
- 4) Select Available Groups: "AORN of New Orleans."

Here's how we "rolled" last year.





News

**** Grant Application Deadline****

The application deadline for AORN Surgical Conference & Expo 2015 grants is December 7, 2014. The grants are to offset the cost of attending the conference.

http://www.aorn.org/AORN_Foundation/Scholarships_Available/Scholarships_and_Grants_Available.aspx

Know an outstanding nurse philanthropist?

Nominate an exceptional perioperative nurse who has supported the AORN Foundation. The recipient of this award demonstrates a strong philanthropic spirit, and through his or her charitable actions motivates others to give of themselves.

http://www.aorn.org/AORN_Foundation/Supporting_Documents/Outstanding_Philanthropist_Application.aspx



March 7-11 | Denver, CO



Chapter 1902 is allotted 8 delegates for the 2015 Surgical Conference and Expo. The information has been listed in the newsletter and discussion occurred at the October meeting. The following members have submitted willingness-to-serve forms and have been approved as delegates by the Board.

Melissa Guidry – automatic
Mandy Sanchez - automatic
Sarah Hunsucker
Sharon Guardina

Linda Levesque
Ramie Miller
Mary Anne Toledano
France's Hughes

Denver Trivia:

Local boosters named the frontier mining camp on the South Platte River “Denver” after Kansas Territorial Governor James Denver in hopes of gaining political favor. Unfortunately, Denver had retired by the time they named the town. There were originally three separate towns, with three separate names, where Denver now stands. In 1859, the other names were dropped in return for a barrel of whiskey to be shared by all. Fittingly enough, the first permanent structure

Louis Ballast, born in 1910, operated the Humpty Dumpty Barrel Drive-In in Denver and was constantly looking for original ways to improve the simple meal. One day he put a slice of cheese on the burger, heated the cheese, and decided that the taste of the cheese went well with the beef. Excitedly, he applied for a patent on his invention “Cheeseburger” in March 1935. He did not receive a patent, but he was awarded a trademark on the name “cheeseburger”.

PERIOP INSIDER

Weekly Newsletter

"Question of the Week" from October 2014

HOW IS WEIGHT CAPACITY OF A PROCEDURE BED DETERMINED?

The manufacturer should be consulted for both weight capacity and capabilities of the procedure bed. Many procedure beds are designed to safely support a 500-pound patient, but maximum weight for special functioning capabilities is also important. Heavy-duty procedure beds are available that lift, articulate, and support patients weighing 800 to 1,000 pounds.

WHY WEAR SHOES THAT ENCLOSE THE FOOT?

Shoes that enclose the foot with backs, low heels, and nonskid soles may reduce the risk for injury from slips and falls and from dropped items. Shoes that have holes or perforations may not protect health care workers' feet from exposure to blood, body fluids, or other liquids that may contain potentially infectious agents. Shoes made of cloth, that are open-toed, or that have holes on the top or sides do not offer protection against spilled liquids or sharp items that may be dropped or kicked.

HOW DOES THE USE OF A PNEUMATIC TOURNIQUET AFFECT HYPOTHERMIA?

A decrease in core body temperature may occur when a tourniquet cuff that is placed on a lower extremity is deflated. In a randomized single-blind study of 24 older adults undergoing general anesthesia for unilateral total knee arthroplasties, researchers reported that intraoperative forced-air warming prevented hypothermia when the tourniquet was deflated.

WHY ISN'T ALCOHOL USED AS A DISINFECTANT?

Alcohol is an antiseptic and not a detergent. Alcohol is not an EPA-registered disinfectant, does not remove soil or debris, and should not be used to disinfect large environmental surfaces.

WHY TEST ENDOSCOPIC ELECTRODES BEFORE PROCEDURES?

Testing of the endoscopic electrode before the procedure identifies damaged electrodes that should be taken out of service. Testing the electrode with the sterilizable probes and cables alerts the surgical team of an insulation break. The surgical field can be explored and treated if necessary.



Did you know you can donate to the AORN Foundation with every Amazon purchase without any extra cost to you?

AmazonSmile. You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service. Go to <http://smile.amazon.com/>

Interim Louisiana Hospital

Article Submitted by Sarah Hunsucker, RN

I know that we all have been asked, “What hospital do you work at?” when you are walking around in scrubs outside of work. Normally it is easy to answer this because you know your hospital’s name. I however have a very hard time telling people where I work. The reason being when I tell them that I work at ILH they get a very confused look on their face. Then I say it is also called University Hospital that is run by LCMC or I might tell them it is the old Hotel Dieu building. Normally they start to understand but still have a confused look. Then they ask if it is Charity. I tell them no, but that we take care of the patients that used to go to Charity. After having many conversation like this I decided to find out the history on how my hospital became ILH and its future.

I learned that the sisters of Charity opened its first Charity hospital in 1736. Since then the Charity Hospital has changed locations and buildings multiple times. The Charity hospital that everyone is familiar on Tulane Ave is the 6th version of the Charity hospital. The building that is ILH was once known as Hotel Dieu. Hotel Dieu was once a private hospital. The building was sold to the State and was made into University Hospital in 1992. This building has been the location where the patients that normally went to Charity would go to after Katrina. In June 2013, the hospital changed ownership to LCMC Health. This system is now in charge of running the hospital but does not actually own the building or some of the equipment in the building. These are still owned by the State and is being rented out to LCMC for use. When the hospital moves to its new location the old building will remain empty until the State finds a new use for it.

As of right now, LCMC will be obtaining the keys to the new hospital this December. Everyone is very excited. Soon May will be here and we will be moving into the new hospital. It will be a 444-bed hospital and will have 19 surgical suits with the potential to expand. The goal is to have the move start in mid-May and finish in early June. Everyone is very busy getting ready for this move. Our managers have been going to meetings every week to make sure that we are prepared so that everything will go smoothly. I know that I am extremely excited about being a part of this great transformation and cannot wait to see it when it is complete.

Sarah Hunsucker, RN
 INTERIM LSU HOSPITAL (ILH)
 2021 Perdido Street
 New Orleans, La 70112
 (504) 903-3000

Zander CNOR Prep

CNOR Exam Prep and Review Course

Crawford Conference Center
East Jefferson General Hospital
March 28-29, 2015

16.0 contact hours provided

Register online at:
www.periop-ed.com

or

Zander Perioperative Education
245 Murphy Lane
Belton, SC 29627

E-mail: wendy@periop-ed.com

Phone: 803-271-0744 ext. 102

Need Volunteer Hours for Clinical Ladder?

The New Orleans Medical Mission needs volunteers. They meet at 625 Distributors Row on Wednesday and Saturday mornings from 9 am 1 pm. They pack inventory to get it ready for shipping to locations in need. If you need volunteer hours they would love your help. They also go on medical missions. They are collecting school uniforms and sports uniforms for Honduras. If anyone is interested in volunteering or have donations please

contact Mary Morvant at

Robotqueen311@hotmail.com.

Did you know that through your
AORN membership
you have a
free membership to ANA?



**AMERICAN NURSES
ASSOCIATION**

Access ANA's online resources, publications, and member-only content

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- Free and discounted CE
- ANA SmartBriefs daily news feeds
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- Online journals (American Nurse Today, The American Nurse, The Online Journal of Issues in Nursing)

Get Started Today!

- Visit ANA.org and select "My ANA" button.
- Under 'Have an Account or already a member' section enter:
 - User Name: Enter your email address used for your AORN login
 - Password: Enter your last name, all lowercase. If you have a multiple word last name, eliminate any spaces. You may change your password after initial login.



ANNOUNCES

**3rd annual Winter Seminar
“Taking Care of Business”
for personal and professional growth**

***January 17th, 2015
more info to follow, soon . . .***

A.O.R.N of Northlake Annual Christmas Dinner



2891 US-190

Mandeville, LA

Thursday, December 4, 2014

6:00 p.m. – 9 p.m.

Dinner Selections

Caesar Salad

Entrees:

Chicken N'Tini's

Steens Glazed Pork Chops

Mediterranean Catch of the Day

Dessert – New Orleans Traditional Bread

Pudding

General beverages/ glass of wine

\$10.00/person – Member

\$15.00/person – Non-member

Cash Bar

Payable to: Northlake AORN

P.O.Box 8545

Mandeville, LA 70470

Limited seating

R.S.V.P. & Prepay no later than 12/1/14



Dinner and 2 CEs
provided by



Pain Management:
Essentials for Effective
Practice



Rachel Norris RN, BSN
Stefanie Taffaro, TM

For further info/reservation:
contact

Christy Jordan
(504) 236-5089
kjungrl@hotmail.com

DON'T FORGET!! BRING AN ORNAMENT

**In keeping with the spirit of the season, it's our annual
Christmas Ornament Exchange**



Pain Management: ***Essentials for Effective Practice***

Overview

It has been documented that effective pain management has been "... prisoner to myth, irrationality, ignorance and cultural bias." (Brennan, F., et al., 2007). Despite initiatives to improve pain management from such organizations as the Joint Commission and the World Health Organization, pain continues to be undertreated in hospitalized patients. Examples of this include reported studies indicating that 40% of postoperative patients receive inadequate pain relief. And, in patients with cancer, up to 70% suffer from pain caused by their disease or its treatment. The purpose of this program is to provide essential information to healthcare personnel on the successful management of pain in hospitalized patients. Information includes defining pain and recognizing the many consequences of untreated pain. Barriers to effective pain management will be reviewed focusing on the results of a recent study of nurses working in internal medicine, oncology, and surgery clinics. Additionally, strategies for the management of acute pain in hospitalized patients will be addressed.

Learner Objectives

Upon completion of this continuing education activity, the participant should be able to:

1. Define the different types of pain
2. Discuss barriers to effective pain management
3. Identify consequences of inadequate pain management
4. Describe strategies for the management of acute pain in hospitalized patients

A Continuing Education Activity

Sponsored By:

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