



# PeriOperative Potpourri

## New Orleans - Chapter 1902

February 2016

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## President's Message

Now that the holidays are over (for a little while!), it's time to get ourselves in shape (mentally and physically) for the new year! Do you need to eat better, get in more exercise, learn to relax a little more? Maybe you don't need to do these things (yeah, right!) but those you work with or live with need to do so! Well, we have a plan to help you do just that! How, you may be wondering? Here's the scoop . . . AORN of New Orleans is hosting a SEMINAR that is designed to hit on all of these areas! As you probably remember, we had discussed a theme of taking care of the caregiver and have lined up speakers that will help us all do just that! We will focus on you AND your patients. The seminar is Saturday, March 5, 2016, at East Jefferson General Hospital's Conference Center. The educational sessions will include:

- Fitness for Life
- Safety Strategies for the Perioperative Nurse
- Food as Fuel for the Perioperative Nurse
- Taking Care of Your Feet
- Relax! Meditation for Stress Reduction

There will be a little something for everyone! You will be able to see what areas of your life you need to modify to take better care of yourself so that you are better able to handle the stress of everyday life and caring for others (loved ones and our patients). By learning to focus on you, you will be better able to help perioperative patients do the same. Plan to come in comfortable clothes as it will be an interactive workshop!

Many of our members asked that we vary the meetings and include a few more social activities.

comfortable clothes as it will be an interactive workshop!

Many of our members asked that we vary the meetings and include a few more social activities. Well, here is your chance! The February 24<sup>th</sup> meeting will be a dinner meeting at a local restaurant. This meeting will be mostly a social event with a short business meeting thrown in. We have reserved a private dining room at Bistro Orleans, 3216 West Esplanade Ave, Metairie, LA, 70002 for 6PM. This will allow more members to participate in the meeting and social. We are planning for at least 30 of you to come out and enjoy good food and good company! Bring someone along to introduce them to the chapter!

The March meeting still needs a home! If your facility is able to host and sponsor the meeting, please let us know so that we can get the word out.

April 2-6, 2016 is AORN's Surgical Conference and Expo. If you are planning to go and would like to apply to be a delegate, please contact me as soon as possible.

Respectfully Submitted by,

Amanda "Mandy" Martin-Sanchez, BSN,  
MEd, RN, CNOR



# Chapter 1902 Calendar

**February 24<sup>th</sup> - 6 PM**  
**Bistro Orleans, 3216 West**  
**Esplanade Ave, Metairie**

**March 23<sup>rd</sup> - not assigned**

**April 27<sup>th</sup> - University**  
**Medical Center**

**May 25<sup>th</sup> - Tulane**

**June 22<sup>nd</sup> - Installation**  
**Banquet**

***Meetings***  
***start at***  
***4:30 PM***  
***unless***  
***otherwise***  
***noted***

## **Legislative Report by Nathalie Walker, MBA, RN, CNOR**

AORN held its first special business meeting during the virtual town hall on January 20, 2016 at 5 p.m. Mountain Standard Time. Under the leadership of AORN President Renae Battié, members discussed a newly proposed perioperative nursing certification position statement, approved a new position statement on perioperative pressure ulcer prevention, learned about new ways to volunteer for committee and task force service to the organization, and heard AORN's exciting plans for the AORN Surgical Conference & Expo2016 coming up in Anaheim, California, April 2nd to the 6th. AORN experienced record member participation with over 180 voting AORN members attending the meeting.

### **Perioperative Nursing Certification**

The proposed position statement on Perioperative Nursing Certification that was discussed during the town hall remains open for public comment though January 30, 2016. During the virtual town hall, members heard from AORN CEO and Executive Director Linda Groah on the background of the position statement and were able to ask questions during the discussion led by Groah.

### **Perioperative Pressure Ulcer Prevention**

Next, members were able to discuss AORN's new position statement on perioperative pressure ulcer prevention in the care of the surgical patient with AORN's director of evidence-based practice, Lisa Spruce. Members expressed support for the position statement and asked for implementation resources from AORN. Spruce was able to answer members' questions and concerns about the position statement, noting that the implementation resources members need are available in the new [pressure ulcer prevention tool kit](#). Included in the tool kit are evidence-based perioperative pressure ulcer prevention strategies, patient risk assessment tools, teaching slide decks, and hand off communication methods. This tool kit is one of many resources provided to members and non-members at no cost.

The special business meeting to approve this position statement during the town hall was AORN's first since amending its bylaws during the House of Delegates at the last Surgical Conference & Expo in Denver in March, 2015. Under the AORN bylaws, a quorum of 100 members is needed for membership action during annual Congresses, with a minimum of at least 10 members from each of five geographic regions. AORN staff confirmed that the quorum requirements were met at the beginning of the meeting by asking members to submit their geographic region. Members were then able to vote to approve the position statement on their computers during the meeting. The [AORN Position Statement on Perioperative Pressure Ulcer Prevention in the Care of the Surgical Patient](#) was unanimously approved by the voting members and is available to members and the public.

Continued on page 9



## Meeting Minutes - from the secretary:

Mandy Martin-Sanchez called the January chapter meeting at Ochsner Baptist to order at 4:30 PM. Mandy welcomed attendees to Ochsner Baptist and introduced the speaker, Chris Jackson. The meeting was sponsored by Kevin Yeager with Airseal/Conmed. Chris presented information on the newest technology regarding robotic surgery.

Robotic surgery is advancing quickly. Hospitals are benefitting because it provides decreased length of stay and quicker recovery times. The patient and the hospital both win. It may take a little longer in the OR, but the benefits make it worth it. Every year more and more hospitals are adding robotic surgery to their list of services provided to patients. The precision that da Vinci robots provide is unattainable with any other method. The enhanced visualization with 3D/HD vision provides the surgeon with optimal outcomes. Visualization is much more stable, better and cleaner. Some procedures are almost bloodless with the robot.

One area of surgery that robotics has improved is single site surgery. The instruments have advanced to the point of using the umbilicus as the only site needed. The decreased invasiveness is a huge benefit. It's virtually a scar-less procedure.

New technology is changing how chest procedures like VATS are done. Thoracic procedures can be done with both the XI and SI. Companies are constantly improving the instruments needed for these difficult procedures. For example, new staplers are coming out to assist with thoracic procedures that articulate more than before. Lobectomy via da Vinci is now being done by suturing through the fascia has been shown to cause increased post-op pain. Robot hernia repair can be

done by suturing without going through the fascia. Suturing is less costly when compared with tacking. Tackers can be expensive, and more than one are used on most hernia repairs.

Robotic surgery is changing the way doctors perform surgery. The use of robots for cases never considered before is increasing. With technology constantly improving the articulation of instruments, the use of robots will only grow. Now residents and fellows are being trained in robotic surgery. Many hospitals are training residents with a dual console so they can assist the surgeon. Fellows can attend certification workshops to master techniques before going out on their own. Soon it will be the norm for the majority of procedures.

Mandy thanked Chris for his presentation and started the business portion of the meeting. She introduced Samantha Pearson and Kerry Dupre, some new chapter members from Ochsner on Jefferson Highway.

### Old Business:

#### 2016 Surgical Conference and Expo:

Our chapter is looking for delegates. Mandy has willingness to serve forms to fill out if anyone is interested. The chapter pays for registration for the delegates. They represent the chapter and have some mandatory business meetings to attend. Please contact Mandy if interested. Nathalie suggested delegates fly into John Wayne Airport because the commute is quicker.

#### Committee Reports:

Treasury: Sheila Ostrow reported that \$360 from

*Continued on page 8*



The AORN website has a lot of tools to help you do your job.

*Check these out!*

<http://www.aorn.org/toolkits/>

## Current Membership

### Please remember to renew!

Total Members – 194

Standard - 104

Lifetime – 6

2/3yr - 22

Retired – 11

Associate – 8

Student Members – 4

Group Mbr Level 4 - 1

When you renew, please check your membership card to see that it states "Chapter 1902". If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay.



Please invite all  
*Perioperative Nurses*  
to our meetings!

## AORN Resources:



<http://http://www.facebook.com/AORN>



[www.ornurselink.org/Pages/home.aspx](http://www.ornurselink.org/Pages/home.aspx)

3M has upcoming webinars at which you can obtain free CEU's.

<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcalendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no "s")

Chapter Webpage:

[www.aornofneworleanschapter1902.com](http://www.aornofneworleanschapter1902.com)

## Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

### February

Michelle Blanke  
Stephen DeSalvo  
Carmelite Guenther  
Melissa Guidry  
Angel Guidry  
Denise Knight  
Catherine Lapeze  
Jennie Pinac  
Tammy Sill  
Katherine Stafford

### March

Judy Bauer  
Trina Brinston  
Dana Delise  
Jill Donegan  
Wendy Durocher  
Martha Peltier  
Geri Tannehill  
Julio Teran

## Membership News

### Ochsner Medical Center NO:

Congratulations to Ashley and Matthew Brown on the birth of their daughter, Kylie.

Welcome to Guy Williams, the new Vice-President for Perioperative Services and Congratulations to Nicole Champagne, the new Unit Director for Surgery!

Welcome to the new perioperative nurses enrolled in the AORN Periop 101 Program for the Ochsner facilities:

Sheila Yehl, Kristy Harris, Ieisha Collins, Danielle Guevara, and Jessica Cuadrado.

# Community Outreach Project:

Please bring non-perishable items, hotel shampoos, etc. to next meeting for the homeless shelter at St. Joseph's Catholic Church on Tulane Avenue. Sharon Guardina will drop them off to the shelter.

- Small bottles of shampoo
- Non-perishable foods items
- Eye glasses
- Socks

***Thank you!!!***

## Need Volunteer Hours for Career Ladder?

The New Orleans Medical Mission needs volunteers. They meet at 625 Distributors Row on Wednesday and Saturday mornings from 9 am 1 pm. They pack inventory to get it ready for shipping to locations in need. If you need volunteer hours they would love your help. They also go on medical missions. They are collecting school uniforms and sports uniforms for Honduras. If anyone is interested in volunteering or have donations please contact Mary Morvant at [Robotqueen311@hotmail.com](mailto:Robotqueen311@hotmail.com).



**Did you know that you can donate to the AORN Foundation with every Amazon purchase without any extra cost to you?**

**AmazonSmile. You shop. Amazon gives.**

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service. Go to <http://smile.amazon.com/>



# TRIVIA from the AORN

## PERIOP INSIDER

Weekly Newsletter

### WHAT ITEMS SHOULD THE PERIOP RN INCLUDE IN THE PREOP ASSESSMENT RELATED TO TOURNIQUET USE?

The perioperative RN should assess the patient for considerations related to tourniquet use, including planned location of the tourniquet, condition of skin under and distal to the planned cuff site, size and shape of the extremity and peripheral pulses distal to the cuff.

### WHAT IS THE RECOMMENDED RELATIVE HUMIDITY RANGE IN A RESTRICTED AREA?

The relative humidity in a restricted area should be maintained within a range of 20% to 60%.

### WHY DO PRIONS PRESENT UNIQUE INFECTION PREVENTION AND CONTROL CHALLENGES?

Prions are proteinaceous, infectious agents containing no DNA or RNA and may be transmitted iatrogenically by direct inoculation. Prions cause transmissible spongiform encephalopathies (TSE), including Creutzfeldt-Jakob disease (CJD) and variant Creutzfeldt-Jakob disease (vCJD). Prions are resistant to traditional chemical and physical decontamination methods. High-level disinfection does not inactivate prions. Critical and semicritical items or surfaces contaminated with the CJD agent require unique decontamination procedures because of an extremely resistant subpopulation of prions. Although some discrepancies exist among studies, all studies show that these prions resist normal inactivation methods.



Join us Saturday, March 5, 2016 at the L'Auberge Casino Hotel for the

### *15th Annual Louisiana Awards Gala for Nursing and Healthcare*

- ★ Cocktail hour will begin at 6:00pm. Doors will open at 7:00pm and event begins promptly at 7:10pm
- ★ Reserved table placement is based entirely on the date the reservation is received at the LSNA office and this is the only way to reserve seating. Sponsorship tables will have priority placement.

Click here for more details: <http://www.lсна.org/news.asp?intReleaseID=439&month=12&year=2015>



## Louisiana Council of AORN Chapters News from Carrie Simpson



I was not present at the January 9 meeting in Lafayette due to the Nyx Ball that evening; however, I was on a conference call. Here are the highlights:

- November Alabama Beach Seminar was a huge success with 43 attendees. Plans for a 2016 State seminar are in their early stages now.
- AORN Neurosurgery, Orthopedics, and Trauma (N+O+T) Specialty Assembly Seminar is scheduled on May 14 & 15, 2016 in New Orleans, LA at University Medical Center. This two-day event is free of charge and will host 9 speakers. (Ramie is the main planner on this event and she has more details.
- Next meeting is scheduled for April 3, 2016 in Anaheim, CA (in conjunction with AORN Conference & Expo) This meeting will be held at Bubba Gump – 321 West Katella Avenue, Suite 101. There will be appetizers available; however, anything additional must be ordered off the menu and paid for at a 10% discount. E-mail Carrie with any questions.
- FUTURE DATES OF MEETINGS:
  - o Saturday, April 16, 2016 at 10am in Covington – Northlake Chapter at St. Tammy Parish Hospital
  - o Saturday, July 9, 2016 at 10am in Lake Charles – 1903 Southwest Chapter ELECTIONS - TWO POSITIONS ARE OPEN--CHAIRPERSON AND TREASURER
  - o Sunday October 8, 2016 at 10am in Baton Rouge – Chapter 1904

**\*Save the Date\***

### Trauma: Are YOU Ready?!?

May 14 - 15, 2016  
7a - 3p

AORN N+O+T Specialty Assembly  
Trauma Conference

UNIVERSITY MEDICAL CENTER  
NEW ORLEANS, LA



Have you updated your **personal profile** on the AORN website?

1. Log onto the AORN website and click on "My AORN"
2. Under "My Account", click on "Update Profile"
3. Update "User Profile" with current email address, employer, etc.

My AORN [Join AORN](#)

My Account

Welcome  
Member Number: 441983  
Member Since: 5/15/2010  
Paid Through: 4/30/2018  
Email Address: mstoledano@ejgh.org

- [Change Login Information](#)
- [Update Profile](#)



## Welcome!

Mandy Martin-Sanchez with two of her new OR nurses that she recruited to join our chapter, Samantha Pearson and Kerry Dupre.



## Meeting Minutes – Continued from page 3:

chapter dues was added recently. The account now has a total of \$6823.93.

Legislative: Nathalie Walker reported that North Dakota now has RN circulator in the law. New York now has a law giving certified RNFAs reimbursement capability. North Carolina is also working on getting RN circulator into law. There are still 23 states that don't have that law.

Election News: Nathalie suggested that members should stay informed and learn what each candidate plans to do with health care. In the debates, they are discussing never events and child health care. All nurses should pay close attention to the candidates.

State Council: Carrie Simpson was unable to attend, but sent Mandy the minutes from the meeting. Mandy reported that the November Alabama beach seminar was a huge success with 43 attendees. The council plans to have another beach seminar in 2016.

AORN Neurosurgery, Orthopedics, and Trauma (N+O+T) Specialty Assembly Seminar is scheduled on Saturday, May 14th & Sunday, May 15th in New Orleans, LA at University Medical Center. This two-day event is free of charge and will host nine speakers, some coming from out of state. The entire seminar will be worth six CE credits. (Ramie Miller is the main planner on this event and she has more details, [ramiemiller@yahoo.com](mailto:ramiemiller@yahoo.com).)

The next state council meeting will be on April 3rd in Anaheim at Bubba Gump Restaurant.

The next local meeting will be April 16<sup>th</sup> at 10 AM in Covington at St. Tammany Hospital.

### AORN National:

Nathalie Walker participated in a virtual town hall meeting recently. There were 286 attendees. They discussed the position statements that had been posted for public review.

There was a discussion on volunteering for AORN. The process of volunteering is changing. See the AORN website for more details.

On Feb 23rd, 6:00 PM there is another virtual town hall meeting. Register on the AORN website to participate. There will be association business discussed.

The 2016 AORN ballot is on the website. Please review the candidates and their position statements.

Deb Warren is looking for volunteers to help with the first time attendee workshop. Please look on the AORN website for more details.

Scholarship applications are still available for attendees. Please see the AORN site for more details.

Next month's meeting (February 24<sup>th</sup>) does not have a location. Mandy is looking for a restaurant that we could have a dinner meeting to discuss bullying in the nursing profession. Mandy is taking suggestions now.

The chapter winter seminar is will now be held on Saturday, March 5<sup>th</sup> at East Jefferson. The theme is



“Taking care of Yourself.” Here is a sample of some of the speakers that have committed. Chantal Lorio, DPM is one of the speakers. She will discuss ways that nurses can take care of their feet. Rebecca Miller, a dietician, will present ways to improve your diet. Michael Heim will discuss how to get into better shape. Michael Hawkins will discuss fire safety at work and at home. Attendees will also learn relaxation techniques.

There will be a silent auction at the seminar. If you

have anything you would like to donate please contact Ramie Miller.

Nathalie Walker announced that on April 5<sup>th</sup> at 8 AM in Anaheim, the legislative team will have Becky Patton, past ANA president, talk about nurse leadership in the boardroom.

Mandy asked if anyone had any more business. No one had anything, so the meeting was adjourned at 5:48 PM.

## Legislative Report continued from page 2:

### New Volunteer Application Process

Members then heard from President-elect Martha Stratton on new ways to volunteer for AORN committees and task forces. Generally, the President-elect appoints members to AORN's national committees and task forces. Current members of committees and task forces are identified and assessed for reappointment, and remaining positions historically have been filled from members who have submitted a willingness to serve form. This year AORN is piloting a new process to fill the open positions. AORN will publish information regarding the opportunities to be involved in a committee or taskforce in *Periop Insider* leading up to the Surgical Conference & Expo 2016 and throughout the coming year. The published information will include the initiatives to be accomplished, and the anticipated time commitment to achieve the initiatives.

Members interested in volunteering will see application instructions and a link to an abbreviated willingness to serve form and a deadline for the submission. After the willingness to serve form is completed, the forms will be reviewed and applicants will be notified of any appointments. Applicants that are not selected will also be notified so they may seek another opportunity. Stratton emphasized the advantage to this new system is that members will know what the initiatives are and the time commitment prior to volunteering to serve AORN in more specific capacities. Stratton noted that this is a new opportunity for members to volunteer and if it is successful, AORN will build on this concept as we move forward.

### AORN Surgical Conference & Expo: 2016 Updates

Finally, members heard directly from AORN's director of education Susan Bakewell about plans for the upcoming Surgical Conference & Expo in Anaheim, California, April 2 – 6. In addition to the many pre-conference options, and the leadership development and executive summits, the conference will include motivational general sessions and multiple education sessions designed to address perioperative nurse's unique challenges within their organizations. Members are encouraged to [download the conference app](#) now onto their desktop computers and mobile devices to start planning their trip.

### Voting Participation Urged

In closing, AORN President Renae Battié reminded participants that the biographies of candidates for AORN's Board of Directors and Nominating and Leadership Development Committee are online for review. Voting for candidates will be open on March 7, 2016 through April 5, 2016.

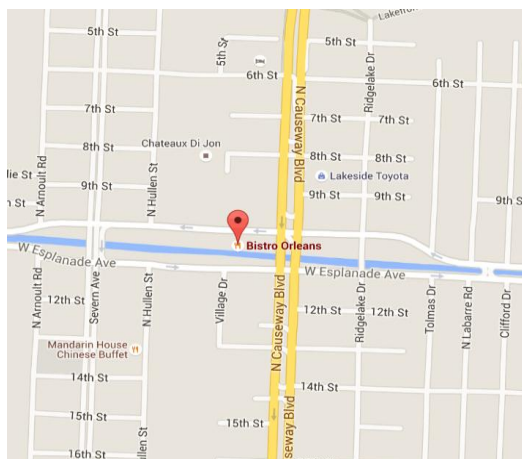
### Next Virtual Town Hall

AORN's next [virtual town hall and special business meeting](#) will be held on Tuesday, February 23, 2016 at 5 p.m. Mountain Standard Time. Members must [pre-register to attend](#). Participants will be asked to approve the new position statement on Perioperative Nursing Certification, hear more about the social events planned for the annual conference, and be able to discuss clinical practice questions directly with the AORN nurse experts.

If you missed the January 20, 2016 Town Hall and special business meeting, you can access the [online recording](#).



Respectfully Submitted by,  
Nathalie Walker MBA, RN, CNOR  
AORN of New Orleans BOD  
Chapter Bylaws and Policy Committee Chair



The February chapter meeting  
will be at Bistro Orleans  
in Metairie at 6 PM.  
Please join us!

<http://bistroorleansmetairie.com/>



Happy Valentines Day 2016