



PERIOPERATIVE POTPOURRI

New Orleans - Chapter 1902

June 2015

2014- 2015 Officers

President

Melissa Guidry, BSN, MPH, RN,
CNOR guidrymelissa@yahoo.com

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RN, CNOR asanchez@ochsner.org

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CNOR, Chair

LA State Council Liaison

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Carrie Thomson, BSN, RN, CNOR
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fmhugs@yahoo.com

President's Message

I cannot believe a full year has passed since I started serving as President of Chapter 1902. Time truly seems to move quicker than it has in the past; however, we know it is the same as always. Why does it feel that way?

Our theme over this past year was Lifelong Learning. Through monthly meetings, our officers have worked diligently to provide approved programs to our members for certification and licensing. I believe, we have accomplished this goal by providing 15.2 contact hours to you, our members, during the 2014-2015 year. A special thank-you to the officers, members and industry representatives for making this happen.

I want to thank the Officers and Board members of Chapter 1902. They are dedicated nurses, who continue to learn and increase their knowledge, in order to support their peers and provide the best patient care. Each one has provided their support by arranging for meeting space, speakers, organizing the newsletter, completing contact hour approval applications, educating the next generation of nurses, sharing information, representing our chapter at local and national meetings and supporting each other through daily challenges both at work and in our personal lives. Thank you to Mandy, Linda, Mary Anne, Sharon, Nathalie, Beth, Carrie, Ann, Darlene, Ramie, Michelle and Jennifer. A special shout out to Frances for her flyer expertise! You all make a difference everyday!

As we end and begin this year, our theme of lifelong learning will continue at our Annual Installation of Officers, with an educational session "Position for Prevention", approved for 2.0 contact hours. Our industry partner, Molnlycke, is sponsoring this program. The meeting and dinner will be on Wednesday, June 24, 530p, at Cafe East in Metairie. The cost is \$20 for the evening activities. We would love to see everyone there so mark your calendars and plan to attend. A flyer with additional information can be found in this newsletter.

My thanks to you for allowing me to serve as your President this past year. I have been a member and involved in AORN since graduating from nursing school, so this organization has a special place in my heart. I appreciate all of you and what you go through everyday to make our patients safe. Thank You!

Respectfully Submitted,

Melissa Guidry





Chapter 1902 Calendar

*Meetings start at
4:30 PM unless
otherwise noted*

**June 24th – Chapter
1902 2015-2016
Officer Installation
Banquet at Café East,
4628 Rye St,
Metairie, LA 70006**

Education

These Continuing Education programs are in the June 2015 AORN Journal – check them out . . .

- 1.1  A Review of the CDC Recommendations for Prevention of HAIs in Outpatient Settings. J. HUDSON GARRETT JR, PhD, MSN, MPH, FNP-BC, CSRN, PLNC, VA-BC
- 1.3  Guideline Implementation: Surgical Instrument Cleaning. LIZ COWPERTHWAIT, BA; REBECCA L. HOLM, MSN, RN, CNOR

Legislative Report by Nathalie Walker, MBA, RN, CNOR

1. National Time Out Day – June 10th
 - a. Look for an email in late April with links to send letters to legislators and local paper editors
 - b. Encourage chapter leaders to schedule time at their May meeting to send these emails
 - c. Encourage chapters to send an email to their members about NTOD
 - d. Click here to see NTOD info. 2015 updates to letters and collateral will be available May 1st.
2. Reach out to legislators to invite them to speak at chapter meetings and/or your facility. Many state legislatures are adjourning in April and May, so now is a perfect time to have them provide a legislative wrap-up.
3. Remember you can find out who your NLC Representative is, find legislation in your state, take action, and find your legislators by visiting: <https://www.aorn.org/Advocacy/WhatsHappening>. State Coordinators – please let me know if updates need to be made to your contact information. Louisiana State – now in session

National:

Check out this website for Practice information <http://www.ahrq.gov/>
Click on <http://www.ahrq.gov/research/findings/nhqdr/nhqdr14/2014nhqdr.pdf>
And read the 2014 National Healthcare Quality and Disparities Report

Respectfully Submitted by,
Nathalie Walker MBA, RN, CNOR
AORN of New Orleans BOD
Chapter Bylaws and Policy Committee



TIME OUT

For every patient, every time.

June 10, 2015



Meeting Minutes - from the secretary:

Meeting called to order at 4:37 pm by Melissa Guidry, chapter 1902 president. She welcomed everyone and introduced Martha Paige from Steris Corp. The title of the presentation was "Evolution of Hydrogen Peroxide Gas Technique." The use of hydrogen peroxide has evolved over the years. We all have it in our cells. It's a natural preservative of our bodies. What is it? It's H₂O₂, a water-like, odorless, clear liquid. It is a safe chemical to use at the right concentrations. When broken down it turns into water and oxygen, which are safe products. It has four states: solid, liquid, gas and plasma. In some concentrations, when you add energy to it, it will freeze or turn into a gas. Ionization turns it into plasma. It's a safe chemical to use in the right concentrations.

Over the years it was used as an antiseptic, an inhalant, odor control and even as a preservative for food. It was found to be safer on fabric than bleach. It was even ingested. After Alexander Fleming discovered penicillin, the use of hydrogen peroxide decreased. But as bacteria became resistant to antibiotics, the use of hydrogen peroxide became more prominent.

Hydrogen peroxide is not the perfect answer to all our cleaning needs. In the liquid state, it can be caustic to some surfaces. It is not effective on spores and micro bacteria because it works too slowly. But in the gas and plasma state, it is effective. It can be used on most surfaces with no toxic substance left on device.

Hydrogen peroxide vapor is now being used in chambers to clean equipment such as wheelchairs, potty chairs, etc. for disinfection. This process was used to clean up after Katrina. Many items can be disinfected. A whole room can be disinfected. It was used to kill anthrax.

But is the process safe for everything? There are regulation requirements in the USA and in Europe on its use. In hospitals, plasma and vapor is used at safe concentrations. For example, the STERRAD machine uses gas plasma at lower concentrations and is an effective cleaner for instruments, even lumens. Time and pressure are important factors. There is evidence that it is effective against prions, but not yet cleared for use in US.

Hydrogen peroxide has been used for over 1500 years

in various ways as a disinfectant. It is a safe and effective way to disinfect items that can not be subjected to high temperatures. It's been around a long time and will continue to be around because it's safe.

Martha Paige ended her presentation by reminding everyone that Steris University is a great site for free CEs. The address is: <http://university.steris.com>. She recommended the module, Journey of the instrument.

Melissa continued with the business portion of the meeting. Frances Hughes collected money for the 50/50 drawing. Manny Khaghani was the winner of \$6.50. The door prizes were won by Adia Khaghani, Frances Hughes and Linda Levesque.

The minutes from the April chapter meeting were posted in the May newsletter. Melissa asked is there were any corrections. Nathalie Walker approved the minutes and Linda Levesque second it.

Treasury report: Sharon Guardina was not able to attend the meeting. She reported to Melissa that the chapter has \$5015.10 in the account. Melissa asked if there were any questions. No one asked questions so the financial report will be filed as is.

Old Business: The new chapter officers were posted in May newsletter. They are: Mandy Martin-Sanchez, president; Sharon Guardina, president-elect; Linda Levesque is vice president; Mary Anne Toledano, secretary; Sheila Ostrow, treasurer; Ann Dieck, Crystal Cook, Sarah Hunsucker Nathalie Walker and Beth Eustis are on the board of directors. Melissa is listed for the chair of the nominating committee. Carrie Simpson and Frances Hughes are listed as committee members.

New Business:

The chapter received a thank you letter from the AORN foundation for the \$100 donation.

Mandy Martin-Sanchez is working on getting CE credits for next years meetings. Wednesday, July 22nd at 5:00 PM will be the board meeting. New Orleans Hamburger and Seafood is being considered. All members are welcome to attend. Bylaws to be discussed at board meeting.



Meeting Minutes - Continued

The installation banquet is June 24th at Café East in Metairie. The banquet will be sponsored by Molnylke for two contact hours. Nathalie recommended \$25 for the dinner. It's a good fundraiser for the chapter. Mandy recommended \$20. Frances Hughes will make the flyer and send to Mary Anne. To RSVP, contact Melissa Guidry. Checks can be mailed to Melissa or members can pay at the door.

Sharon Guardina attended leadership academy in Denver. She got some good ideas for our chapter. It was well attended. Nathalie Walker explained some of the new changes and explained Myrounding.com, a new computer based program for audits.

Committees/Officers Reports:

Legislative: Nathalie Walker asked all members to go to the advocacy section on AORN's page and go to "what's happening in your state". On the "Take Action" tab, you can send a message to the legislature about National Time out day. You can also send a note to the media, newspapers, etc. These will go in the editorials.

Education: Mandy is working on next year's meeting schedule. Ansel may be a possible CE credit.

Newsletter: Mary Anne Toledano asked is any member had news? There was no news from members. The June newsletter should be out before June 6th. Please send Mary Anne anything that needs to be in the newsletter by June 4th.

Student Membership: Ann Dieck will have another tour this summer for nursing students.

Winter Seminar: The seminar will be on January 16th, the third Saturday in January. It will again be at East Jefferson. Frances and Nathalie are lining up vendors and collecting items for the silent auction. Frances Hughes will make the flyer for the seminar.

State Council: Carrie Simpson is the new chair of the state council. The next state council meeting will be on July 25th in Baton Rouge.

Melissa thanked everyone for coming. The meeting was adjourned at 5:57 PM.

AORN Membership: Invest in Your Future

AORN defines and delivers first-in-class nursing education, guidelines, and clinical practice. We have driven perioperative nursing forward for over 60 years. AORN has a responsibility to continue its mission of promoting patient safety and optimal outcomes. As we look to the future, AORN must invest in the products, services, and programs that advance perioperative nursing and continue to fuel your passion and commitment to the profession. To support AORN's work, the 2015 House of Delegates approved a membership dues increase effective July 1, 2015. Retired, Student, and Lifetime membership dues rates will remain unchanged. Renew by June 30, 2015 to receive current membership dues rates!

Continue your dedication to perioperative nursing by renewing today. AORN membership helps INFLUENCE your practice, INVEST in yourself, and CONNECT with colleagues. Your commitment and support to AORN helps ensure an environment that supports patient safety and perioperative nursing.

AORN is proud to have you as a member! Renew your membership today!

Current Membership

Please remember to renew!

Total Members – 191

Standard - 102

Lifetime – 6

2/3yr - 23

Retired – 9

Associate – 3

Student Members - 47

PEP Tier 1 Large Hospital 2

When you renew, please check your membership card to see that it states “Chapter 1902. If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay.



Please invite all
Perioperative Nurses
to our meetings!

AORN Resources



<http://http://www.facebook.com/AORN>

ORNurseLink™
Connecting the periOperative Community

www.ornurselink.org/Pages/home.aspx

3M has upcoming webinars at which you can obtain free CEU's.

<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcalendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no “s”)

Chapter Webpage:

www.aornofneworleanschapter1902.com

Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

June

Anissa Buras

Catherine Eustis

Brenda Falanga

Mary Ann Laforge

Felix Ordoyne

Tona Savoie

Kevin Schabel-Bayhi

Lynne Vega

July

Ann Bonevechio

Dawn Boudreaux

Angela Bye

Scott Duhon

Faith Garvey

Lisa Gordon

Neal Hightower

Julie Laurent

Lauren Lee

Andrea Matthews

Phyllis Panquerne

Michael Pulliam

Patricia Saucier

Dianne Taylor

Angela Young

Michelle Zaidain

Membership News

If you have news from your facility please send any updates

to Mary Anne Toledano at

mstoledano@ejgh.org

Need Volunteer Hours for Career Ladder?

The New Orleans Medical Mission needs volunteers. They meet at 625 Distributors Row on Wednesday and Saturday mornings from 9 am 1 pm. They pack inventory to get it ready for shipping to locations in need. If you need volunteer hours they would love your help. They also go on medical missions. They are collecting school uniforms and sports uniforms for Honduras. If anyone is interested in volunteering or have donations please contact Mary Morvant at Robotqueen311@hotmail.com.

Community Outreach Project:

Please bring non-perishable items, hotel shampoos, etc. to next meeting for the homeless shelter at St. Joseph's Catholic Church on Tulane Avenue. Sharon Guardina will drop them off to the shelter.

- Small bottles of shampoo
- Eye glasses
- Non-perishable foods items
- Socks



Did you know that you can donate to the AORN Foundation with every Amazon purchase without any extra cost to you?

AmazonSmile. You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service. Go to <http://smile.amazon.com/>

TIME OUT

For every patient, every time.

June 10, 2015



 AORN

MARK YOUR CALENDAR

AORN CHAPTER 1902 INSTALLATION OF OFFICERS



Installation of 2015-16 Officers
Dinner & Education \$20

Program - "Position for Prevention"
Speaker - Kimberly McCarthy
2.0 contact hours

Sponsored by Molnlycke - Kim Balsler

RSVP to Melissa Guidry by email at
guidrymelissa@yahoo.com

or call 504-442-9747 and mail payment to
340 Aurora Ave, Metairie, LA 70005

June 24, 2015 @ 5:30 PM

Cafe East
4628 Rye Street
Metairie, LA 70006
504-888-0078



2015-2016 AORN National Membership Committee Update
Shana Bounds, BSN, RN, CNOR
Regional Coordinator for AL, AR, GA, LA, MS, NC, SC, TN
13080 Robin Dr. • Walker, LA 70785 • 225-337-0559 •
shanabounds@gmail.com

Hi fellow AORN colleagues! Thank you for your role you are serving in your local chapter! My name is Shana Bounds and I will be your National AORN membership committee regional coordinator for the 2015-16 year. I want to give you a little background on myself so you can get to know me better and then what I want to offer to each of your chapters for the upcoming year.

I am from Baton Rouge, Louisiana. I work at a Level 2 Trauma Center (40 OR's) as the Supervisor of Orthopedic Surgery. I have been an RN for 7 years and almost all 7 years have been in the OR. I have been a member of AORN Chapter 1904 since I started in the OR and have served locally in my chapter as the Secretary, President Elect, President, Advisor, and now currently on the Board of Directors. I am active in my state council and have also served on a National Task Force for Young Perioperative Professionals in 2013-14. I am honored to serve on the National Membership Committee this year.

As a young perioperative nurse, my focus for the membership committee this year is to engage and interact with younger nurses who are not currently involved with AORN or are a member in name only. The younger generation of nurses will be the face of AORN in years to come and if we don't try to engage them and search for ways to reach out to serve them I am afraid of what the future holds for our organization. Older "seasoned" members are a great asset in each of your local chapters to encourage and mentor younger members to get involved at a local level. Try to invite one younger nurse to each chapter meeting you have. Ask them to "help" out on a committee but foster independence by letting them have some control of situations and committees. Our local chapter has encouraged younger member involvement by assigning co-chairs to each committee. The co-chair is new to the committee but not easily overwhelmed because they have a mentor at their side at all times.

I look forward to working with each of you in the upcoming year. Please reach out to me via email, text or phone with any questions or suggestions you may have for the National Membership Committee to serve you better. See ya soon!

-Shana Bounds

TRIVIA from the AORN

PERIOP INSIDER Weekly Newsletter

How does the use of a pneumatic tourniquet affect hypothermia?

A decrease in core body temperature may occur when a tourniquet cuff that is placed on a lower extremity is deflated. In a randomized single-blind study of 24 older adults undergoing general anesthesia for unilateral total knee arthroplasties, researchers reported that intraoperative forced-air warming prevented hypothermia when the tourniquet was deflated.

Why clean and decontaminate items before high-level disinfection?

Initiating cleaning immediately after use reduces or eliminates the growth of biofilm-forming microorganisms. Cleaning and decontamination are the initial and most critical steps in breaking the chain of disease transmission. Debris, blood, mucous, fat, tissue, and organic matter will interfere with the action of the disinfectant. Microbial biofilms (ie, collections of bacteria and fungi existing in a multicellular matrix) adhere to each other or to medical devices, particularly those with lumens, where they affect tissues adjacent to virtually any medical device. Biofilms are difficult to remove and may serve as sources of bacterial toxin that can affect remote locations in the body. Friction and oxidizing chemicals must be used to remove biofilms.

When should counts of soft goods be performed?

Counts of soft goods should be performed:

- Before the procedure to establish a baseline and identify manufacturing packaging errors (ie, initial count)
- When new items are added to the field
- Before closure of a cavity within a cavity (eg, uterus)
- When wound closure begins
- At skin closure at the end of the procedure or at the end of the procedure when counted items are no longer in use (ie, final count) and
- At the time of permanent relief of either the scrub person or the RN circulator, although direct visualization of all items may not be possible.

Do prescription eye glasses provide adequate eye protection for scrubbed team members?

Standard prescription eye glasses are not considered eye protection by the CDC. Appropriate eye protection should fit snug on the brow and have solid side shields, in addition to having anti-fog properties. A face shield may also be worn to protect the eyes and face from splash or splatter.



Louisiana Council of AORN Chapters News

Beach Seminar . . . SAVE The DATE!!!

State Council is soliciting Soft Sand and a Seminar, soon!

We will be having our first annual beach seminar on Nov 14, 2015 in Orange Beach, Al. We have a great room rate of \$89 night. The room reservation directions are below and the seminar flyer will follow. You can go ahead and reserve your room. I have blocked 30 rooms. You will obtain 6 CE's. Contact me @ ksimmons10@cox.net with any questions.

A block of rooms have been reserved in the name of your group for November 13 –15, 2015: Please include the following information in all correspondence to your members.

Friday - Sunday

Date & Time: Saturday 14 November 2015 7:00 am

End Date & Time: Saturday 14 November 2015 1:00 pm

Address:

24700 Perdido Beach Blvd

Orange Beach, Al

Price \$40

Contact: Kristy Simmons or any of your LA State Council members for details and reservations!

AORN *Tool Kits*

The AORN website has a lot of tools to help you do your job.

Check these out!

<http://www.aorn.org/toolkits/>

Come help Chapter 1902
support these local heroes!

AMERICA'S HEROES



"Tattered, Torn, Proud"
americasheroesnola.com

"DANCING FOR AMERICA'S HEROES"

SATURDAY, JULY 18, 2015
8:00 – 12:00

VFW HALL
1133 HICKORY AVENUE
HARAHAN, LA

**ADMISSION - \$20 PER
PERSON**
**(includes one FREE
door prize ticket)**
50/50 RAFFLE
DOOR PRIZES

SET-UPS FURNISHED
BYOL



MUSIC BY

FLIPSIDE

*For tickets, call Craig at 504-400-1889,
Dale at 504-250-0336 or Constance at 504-487-3313*

ALL PROCEEDS BENEFIT LOCAL HEROES