

# PeriOperative Potpourri

## New Orleans - Chapter 1902

June 2016

### 2016 – 2017 Officers

#### President

Ramie Miller, MSN, RN, CNOR  
[ramiemiller@yahoo.com](mailto:ramiemiller@yahoo.com)

#### President-elect

Sharon Guardina, BSN, RN, CNOR  
[sguardina@att.net](mailto:sguardina@att.net)

#### Vice President

Mary Anne S. Toledano, BS, BSN, RN, CNOR  
[mstoledano@ejgh.org](mailto:mstoledano@ejgh.org)

#### Secretary

Mandy Martin-Sanchez, BSN, Med, RN, CNOR  
[asanchez@ochsner.org](mailto:asanchez@ochsner.org)

#### Treasurer

Sheila Ostrow, RN, CNOR, CRNFA  
[ostrow711@aol.com](mailto:ostrow711@aol.com)

#### Board of Directors:

Christal Cook, MSN, RN, CNOR  
[cnorchristal@gmail.com](mailto:cnorchristal@gmail.com)

Sarah Hunsucker, RN, CNOR  
[seh3913@gmail.com](mailto:seh3913@gmail.com)

Dawn Boudreaux, RN  
[dawboudreaux@ochsner.org](mailto:dawboudreaux@ochsner.org)

Linda Levesque, MSN, RN, CNOR  
[Linda.Levesque@hcahealthcare.com](mailto:Linda.Levesque@hcahealthcare.com)

Susan Overman, BSN, RN, CNOR  
[soverman@ochsner.org](mailto:soverman@ochsner.org)

#### Nominating & Leadership Development

Mandy Martin-Sanchez, BSN, Med, RN, CNOR  
[asanchez@ochsner.org](mailto:asanchez@ochsner.org)

#### LA State Council Liaison:

Mary Anne S. Toledano, BS, BSN, RN, CNOR  
[mstoledano@ejgh.org](mailto:mstoledano@ejgh.org)

#### Newsletter Editor

Mary Anne Toledano, BS, BSN, RN, CNOR  
[mstoledano@ejgh.org](mailto:mstoledano@ejgh.org)

#### Assistant Editor

Frances Hughes, BS, RN, CNOR  
[fmhugs@hotmail.com](mailto:fmhugs@hotmail.com)

#### Webmaster

Ramie K. Miller, MSN-HCSM, RN, CNOR  
[ramiemiller@yahoo.com](mailto:ramiemiller@yahoo.com)

## President's Message

Transitions . . . some are easy . . . some are a little more cumbersome . . . but they are a way of life! At this point, how many of you feel that you live in a new state? What am I referring to? Well, I think that we all are living in a state of transition! UGH! "Going with the flow" is often the way we deal with those transitions until we can see what is actually happening to better manage the current conditions. In the spirit of "Going with the flow," our chapter had a few last minute ballot changes that will affect the chapter leadership for the upcoming year. Some of you may have picked up on the change, others may not have even recognized the change. In either event, I am taking the opportunity to keep everyone informed . . .

Due to personal reasons, Sharon Guardina needs to step back from assuming the Presidency this year. Fortunately, we have a member who was willing to step up at this time. Ramie has served as President of our chapter in the past agreed to be on the ballot for President for the coming year (2016-2017). This change was listed on the ballot that was sent out in the newsletter (and on the Chapter website) for President, just in case you hadn't noticed. Although Sharon served as "President-Elect" this past year, she will continue to serve in that capacity for the next year (and then assume the office of President NEXT year, 2017-2018). This change will allow everyone to meet the needs of the chapter AND the demands of our personal and professional lives. Another member to step up for our chapter was Susan Overman. Susan accepted a nomination from the floor at the May meeting and will fill the last Board of Directors position that was vacant. We are very fortunate to have members willing to step up and move into leadership positions to help keep the chapter running smoothly! For this, I would like to express my appreciation!

There are open positions for members on the Nominating Committee. If you have wanted to get involved, Nominating Committee member

is a great way to start! You can help identify future chapter leaders! Please let a member of the Board of Directors know if you are interested in serving on this committee. It's not too late!

All of these transitions will be effective as of the next meeting, our Installation Dinner. The dinner will be held at Porter & Luke's on Metairie Road, Wednesday, June 22, 2016 at 5:30 PM. Open bar starts at 5:30PM and dinner will be at 6PM. The cost will be \$25 for soup, salad, dinner and dessert. And, to make life easier, a PayPal account will be set up for \$25 on the chapter website. Please make your plans now to celebrate with our new officers at their installation dinner! Please RSVP to Sharon Guardina ([sguardina@att.net](mailto:sguardina@att.net)) or Ramie Miller ([ramiemiller@yahoo.com](mailto:ramiemiller@yahoo.com)) to reserve your seat at the dinner!

It has been my pleasure to serve as your President for the past year and I am looking forward to continuing to support the chapter in any way I can. If you are looking for a way to support the chapter but don't feel like you can commit to a leadership position, please show your support by attending the chapter meetings. Your attendance at the meetings is a great way to be involved and help the chapter thrive. If you have not attended the meetings in the past, how about starting with the Installation Dinner? It is more of a social event that will give us an opportunity to get to know you! I hope to see you there!

Respectfully submitted,  
Mandy Martin-Sanchez, BSN, Med, RN,  
CNOR



# Chapter 1902 Calendar

**June 22<sup>nd</sup> -  
Installation  
Banquet,  
5:30 PM at Porter  
& Luke's on  
Metairie Road**

***The 2016-2017  
meeting schedule  
will be posted  
next month.***

***Meetings  
start at  
4:30 PM  
unless  
otherwise  
noted***

## **Legislative Report by Nathalie Walker, MBA, RN, CNOR**

### **2016 National Time Out Day is June 8th!**

National Time Out Day was initiated by AORN as an annual awareness campaign in 2004. Since that time, we've revised the surgical checklist, collaborated with The Joint Commission and The World Health Organization, and worked with the associations of surgical team colleagues to increase awareness of the importance of Time Out for Every Patient, Every Time. We've also started targeting legislators and communities to raise their understanding of how perioperative registered nurses function as a patient's advocate. National Time Out Day is a great time to share your dedication to patient safety with the public through a letter to the editor and to educate elected officials on the importance of taking a time out every time. Please take a few moments today to send a letter to their legislators and to the editor of their local papers.

Please go to <http://www.aorn.org/community/government-affairs/take-action> and then click on the Action link to see the 2 Advocacy campaigns and send the message you'll find there to your legislators and also to your local newspaper editors. If your article is published please share it with [dglover@aorn.org](mailto:dglover@aorn.org).

For more information on how you can be an advocate for your profession and your patients, contact Danielle Glover, AORN Legal and Government Affairs Manager at [dglover@aorn.org](mailto:dglover@aorn.org) and ask to be part of the AORN National Advocacy Forum.

Hope to see you all at our Installation Dinner on June 22, 2016



**Respectfully Submitted by,  
Nathalie Walker MBA, RN, CNOR  
AORN of New Orleans BOD  
Louisiana Council of AORN Chapters,  
Legislative Rep  
AORN President -Elect**



## Meeting Minutes - from the secretary:

Mandy Martin-Sanchez called the May chapter meeting to order at 4:37 PM at East Jefferson. Mandy welcomed attendees and introduced Christopher Hudgins, a clinical specialist from 3M in the infection prevention division. Christopher explained how he started working in the OR as a surgical tech, went to nursing school and did travel nursing. Along the way he became an expert in normothermia. His presentation was titled, "Unintended Hypothermia: The Importance of Maintaining Normothermia" for one CE credit.

Christopher explained that having a core temperature of 98.6° F or 37° C is considered in the normothermic range. The periphery is usually 2° to 4° cooler. The body's defense against cold is the closing of the arteriovenous shunts in the periphery and shivering. The body "shunts" blood from the periphery when it's cold to protect itself. Hyperthermia is defined as having a temperature below 96.8° F or 36° C. The hypothalamus is the body's thermostat. Thermoreceptors are found in our skin, spinal cord, brain and deep central tissues. These thermoreceptors send signals to the brain to open or close the AV shunts.

Some common causes of perioperative hypothermia are cold operating rooms, exposed body cavities, cold infusion meds/blood, cold OR beds and using cold instruments. However, general anesthesia is most

common cause of unintended hypothermia. General anesthesia puts the hypothalamus to sleep, along with the rest of the body. Therefore, the body needs to get really cold or really hot before it responds to the change in temperature. The negative effects of hypothermia are increased wound infections, MI, cardiac disturbances, prolonged and altered drug effects, coagulopathy, increased mortality, shivering and thermal discomfort and delayed emergence from anesthesia requiring more time in PACU. Surgical site infections (SSI) are now the fourth largest killer in the US claiming more lives than AIDS, breast cancer and traffic accidents combined.

Some of the many benefits of warming the perioperative patient are reduced use of blood products, decreased time in PACU, shorter length of stay, decreased time in ICU, reduced SSI rate, decreased MI and lower mortality rates. Studies have shown that forced air warming is the most effective way to maintain normothermia. It's a method of active warming that has been around for over 20 years. Placing a warm blanket on a patient would be considered passive warming. Also, pre-warming the patient before general anesthesia administration provides the best results because it's easier to maintain a temperature than to try to play catch up. The AORN Guidelines recommend that patients are pre-warmed for 15 minutes before anesthesia

*Continued on page 6*

**TIME OUT**

For every patient, every time.

June 8, 2016

**AORN**

## Please remember to renew!

Total Members – 196  
 Standard - 116  
 Lifetime – 8  
 2/3yr - 17  
 Retired – 11  
 Associate – 5  
 Student Members – 39

When you renew, please check your membership card to see that it states “Chapter 1902”. If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay.



Please invite all  
*Perioperative Nurses*  
 to our meetings!



<http://http://www.facebook.com/AORN>



[www.ornurselink.org/Pages/home.aspx](http://www.ornurselink.org/Pages/home.aspx)

3M has upcoming webinars at which you can obtain free CEU's.

<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcalendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no “S”)

Chapter Webpage:

[www.aornofneworleanschapter1902.com](http://www.aornofneworleanschapter1902.com)

## Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

### June

Ursula Allain  
 Catherine Eustis  
 Mary Ann Laforge  
 Kevin Schabel-Bayhi  
 Amy Seale  
 Aisha Smith  
 Carla Stalberte  
 Carrie Simpson  
 Le Thu Tran  
 Lynne Vega  
 Stephanie Wall

### July

Lydia Blasini  
 Ann Bonvechio  
 Dawn Boudreaux  
 Angela Bye  
 Faith Garvey  
 Lisa Gordon  
 Shirley Himel  
 Andrea Matthews  
 Phylis Panquerne  
 James Pulliam  
 Elaine Stock  
 Dianne Taylor  
 Angela Young  
 Michelle Zaidain

## Membership News

If you have news from your facility  
 Please send any updates to  
 Mary Anne Toledano  
 at [mstoledano@ejgh.org](mailto:mstoledano@ejgh.org)

## Need Volunteer Hours for Career Ladder?

The New Orleans Medical Mission needs volunteers. They meet at 625 Distributors Row on Wednesday and Saturday mornings from 9 am 1 pm. They pack inventory to get it ready for shipping to locations in need. If you need volunteer hours they would love your help. They also go on medical missions. They are collecting school uniforms and sports uniforms for Honduras. If anyone is interested in volunteering or have donations please contact Mary Morvant at [Robotqueen311@hotmail.com](mailto:Robotqueen311@hotmail.com).



## Do you have what it takes?

**Eligibility requirements to be considered CNOR Strong:**

- **At least 50% of eligible perioperative nursing is staff CNOR certified.**
- **Facility consistently recognizes and rewards nurses who become CNOR certified or recertified.**



## Meeting Minutes – continued from page 3

administration. Forced air can “bank heat” in the periphery. When anesthesia is given, the warm blood in the periphery mixes with the warm blood of the core and the patient’s temperature remains normothermic. Anesthesia staff typically pushes anesthesia meds as soon as the patient is on the OR bed. They don’t want to wait 15 minutes to warm the patient. Unless preventative measures are taken, 50% -90% of patients will become hypothermic. Cotton blankets are not the answer for pre-warming a patient. Perioperative staff need to work together to keep surgery patients normothermic.

Mandy thanked Christopher for the informative presentation and started the business portion of the meeting. The minutes were sent out in the newsletter and published on the website. Mandy asked if there were any corrections to the minutes? No one had any changes and the minutes were approved as published.

Financial Statement: Sheila Ostrow, chapter treasurer, reported that the account balance has \$8367.18.

Newsletter: Mary Anne Toledano reported that she needs all newsletter submissions in my May 30th

Louisiana State Council: Carrie Simpson reported that the next meeting is in Lake Charles on Saturday, July 9th at the Lake Area Medical Center from 10 AM to 12 PM. Officers being solicited for the open state council positions of chair elect and treasurer. Please contact Carrie if interested.

Leadership Academy: Carrie Simpson said it was a great workshop. It was in Denver at the AORN headquarters. Nathalie said there were 89 people in attendance.

Legislative: Nathalie Walker and Ramie Miller reported that Senate bill SB 187 is being discussed today in Baton Rouge. Physicians want advanced practice nurses to be under the medical board. If there is a final vote, Nathalie Walker will report out to the chapter.

Nathalie Walker handed out some pocket guide cards on sterilization best practices. More cards can be ordered by emailing SPS at info@spsmedical.com. They have free CEs too.

Nancy Iovino discussed with the group the possibility of making a questionnaire on expiration date errors at local hospitals. Frances Hughes is helping her develop the questionnaire, and Nancy would like volunteers to bring the questionnaire to local hospitals.

Nominating Committee: Melissa Guidry was unable to attend, but the ballot was published in the newsletter and on the website. Nathalie asked if anyone would like to run for the open board of directors. Susan Overman stated that she is interested in running for the board. Nominating committee is also an open position. Nathalie made a motion to accept the ballot posted in the newsletter, with the addition of Susan Overman to the board of directors. Mary Anne Toledano accepted the motion. The ballot was accepted.

The next meeting will be at Porter and Luke’s for the installation banquet! Sharon will send the details via email.

Proposals for speakers the 2017 International AORN Surgical Conference and Expo are being accepted through May 27, 2016. Submission of more than one proposal is encouraged. Details are available on the Education Session Proposal website. Contact Susan Love for more information.

National Time Out Day is June 8th. The AORN website has more information about the nation time out day, along with other educational opportunities.

Ramie reported that the NOT seminar was very successful. Next year Ramie is hoping to have the seminar in Houston, Texas.

Mandy asked if anyone had any new business. No one had anything, and the meeting was adjourned at 6:09 PM.

# AORN Chapter 1902 2016 - 2017 Installation Banquet

## When

Wednesday, June 22, 2016

5:30 p.m.

Open Bar

6:00 p.m.

Dinner

The cost will be \$25 for soup, salad, dinner and dessert.

A Paypal account will be set up for \$25 on the chapter web site.

## Where

Porter & Luke's on Metairie Road

## RSVP

Sharon Guardina at [sguardina@att.net](mailto:sguardina@att.net)

or

Ramie Miller at [ramiemiller@yahoo.com](mailto:ramiemiller@yahoo.com)



# TIME OUT

For every patient, every time.

June 8, 2016

