



PeriOperative Potpourri

New Orleans - Chapter 1902

September 2015

2015 – 2016 Officers

President

Amanda Martin-Sanchez, BSN, MEd,
RN, CNOR asanchez@ochsner.org

President-elect

Sharon Guardina, BSN, RN, CNOR
sguardina@att.net

Vice President

Linda Levesque, MSN, RN, CNOR
Linda.Levesque@hcahealthcare.com

Secretary

Mary Anne Toledano, BS, BSN, RN
mstoledano@ejgh.org

Treasurer

Sheila Ostrow, RN, CNOR, CRNFA
ostrow711@aol.com

Board of Directors:

Beth Eustis, RN, CNOR
clyzbeth@cox.net

Christal Cook, MSN, RN, CNOR
cnorchristal@gmail.com

Sarah Hunsucker, RN
seh3913@gmail.com

Nathalie Walker, MBA, RN, CNOR
gw_nat@bellsouth.net

Ann Burghardt-Dieck, MSN, MHA, RN,
CNOR annburg@msn.com

Nominating & Leadership Development

Carrie Simpson, BA, BSN, RN, CNOR
cthom3@lsuhsc.edu

Frances Hughes, BS, RN, CNOR
fmhugs@yahoo.com

Melissa Guidry, BSN, MPH, RN,
CNOR, Chair
guidrymelissa@yahoo.com

LA State Council Liaison

Carrie Thomson, BSN, RN, CNOR

Newsletter Editor

Mary Anne Toledano, BS, BSN, RN
mstoledano@ejgh.org

Assistant Editor

Frances Hughes, BS, RN, CNOR
fmhugs@yahoo.com

Webmaster

Ramie K. Miller, MSN-HCSM, RN,
CNOR ramiemiller@yahoo.com

President's Message

It's September . . . the last quarter of the of the year is near. Was one of your goals this year to become more active in your professional organization? There's still time! Join us this month at Ochsner Medical Center on September 23rd! We all probably have new staff that come into our organizations at this time of year . . . due to residencies, transfers, marriage, graduations . . . or a variety other different reasons. Take them along with you to the meeting! We need their new, fresh ideas for the chapter!

These new staff members come to us from other facilities, or better yet, facilities in a different part of the country. They take a look around and say, "Why do you do it THAT way?" THAT could be any number of things . . . charting (most likely DOUBLE charting), technique (setting up, opening sterile supplies, time outs, counts, etc.), call, staffing, or so many different topics. Unfortunately, many staff members respond, "That's the way we've always done it!" Boomp! That is a typical answer, but is it the BEST answer? Probably NOT! Understanding why we do what we do is of paramount importance!

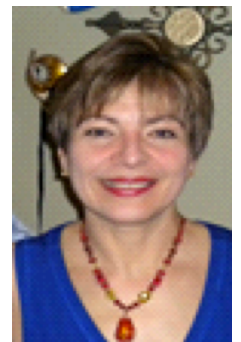
Instead of ignoring or minimizing their question, we all should stop

and reflect on WHY we do what we do. Is what we are doing based on evidence? How would we know? Taking a critical look at how we perform our jobs, and the reasons why, opens the door for evidence-based practice and nursing research. Perhaps you had not considered new staff questions as opportunities for an examination of our daily practice, but they can be.

We will have a medical librarian, Kristin Chapman, MLIS, will present a program on using different data bases to find the evidence we need to validate or change our practice. It is easier than you think! Come to the September meeting and learn more about searching for the information you need to enhance your perioperative practice! See you at our September meeting!

Respectfully Submitted by,

Amanda "Mandy" Martin-Sanchez,
BSN, MEd, RN, CNOR



Chapter 1902 Calendar

*Meetings start at
4:30 PM unless
otherwise noted*

September 23rd - Ochsner Jeff
Hwy, Medical Library
Presentation, Atrium
Tower, 3rd Floor
Cardiology Conference
Room

October 28th -EJGH, Happiness
Presentation for 1 CE
credit, Esplanade 2

November 25th -

December no meeting

January 16th – Winter Seminar

January 27th - Ochsner Baptist

February 24th - not assigned

March 23rd - not assigned


April 27th - University Med.
Center


May 25th - Tulane

June 22nd - Installation Banquet

Education

**These Continuing Education programs are in the
August 2015 AORN Journal – check them out . . .**

2.1  The Bariatric Patient: An Overview of Perioperative Care
JENNIFER L. FENCL, DNP, RN, CNS-BC, CNOR; ANGELA WALSH, MA, BSN,
RN, CNOR; DAWN VOCKE, MSN, MBA, RN, CNOR

1.8  Bariatric Surgery: Three Surgical Techniques, Patient Care, Risks,
and Outcomes. CARRIE A. MCGRAW, MSN, RN; DANIEL B. WOOL, MD, FACS

Legislative Report by Nathalie Walker, MBA, RN,

AORN Advocacy Toolbox

Advocacy Resources

- [Advocacy 101 Handbook](#)
- [State Coordinator Handbook](#)
- [AORN advocacy checklist](#)
- [AORN advocacy leadership](#)

Chapter Resources

- [Action steps for chapters](#)
- [Guide to inviting elected officials to chapter meetings](#)
- [Sample invitation letter](#)

We have all likely experienced hectic, demanding, and sometimes frightening workplaces. Here are suggestions on how perioperative nurses can use our Voices to advocate for patients we care for each day:

- Be compassionate and caring while communicating with the patient and his/her family
- Form a partnership with your patient; develop a plan of care for meeting personal needs and ensure the patient is an active participant in his/her care
- Maintain vigilance on behalf of the patient
- Know your AORN Guidelines, and organization/unit policies; incorporate these into practice
- Participate in committees, work teams, and performance improvement projects
- Belong to and be active in your professional nursing organization
- Use your experience, expertise, opinions and voice to advocate for improved healthcare initiatives at the local, state, federal and international levels

As perioperative nurses, we are positioned at the center of the healthcare delivery system. We have both the privilege and responsibility to create an environment of caring, healing, and safety that patients and their loved ones deserve. So please make safety a priority and take every opportunity you can to advocate for patients. Your voice is wanted and needed. Be the Voice.



Respectfully Submitted by,
Nathalie Walker MBA, RN, CNOR
AORN of New Orleans BOD
Chapter Bylaws and Policy Committee Chair



Meeting Minutes - from the secretary:

PLEASE REVIEW the August 2015 Chapter meeting minutes on pages 3, 8, 9 and 10.

The meeting was called to order at 4:38 PM by Mandy Martin-Sanchez, chapter 1902 president. The August 2015 meeting was held at Tulane Medical Center. Mandy welcomed attendees. Linda Levesque introduced the presenter, Latisha Richardson from Ansell. Latisha presented "Chemical Allergy Masquerade" for one continuing education credit sponsored by Ansell.

Latisha explained that there is a difference between chemical allergies and latex allergies. It's important to know the difference because treatment options are different for each type. Personal protective equipment (PPE) is being used more now than ever. That's why there is an increase in allergies from PPE.

The Type I IgE Mediated Allergic Reaction is an allergy to the protein in latex products. This is a true latex allergy. This reaction can be life threatening. Triggers for type of allergic reaction are inhalation, mucosal surface contact and direct skin contact. Symptoms of a true latex allergy are rhinitis, conjunctivitis, hives, occupational asthma and anaphylaxis.

The Type IV Cell Mediated Allergic Contact Dermatitis is a chemical allergy. It's also called T-cell mediated allergy. It is not life threatening, but a concern for HCPs because it can end a career. It is limited to the area of skin in contact with the chemical. This allergy is mediated by t-cell lymphocytes which delays the immune reaction up to 24 to 48 hours.

Symptoms include a painful rash with erythema, papules, vesiculation, and oozing. When you apply the chemical to the open skin lesion you have an open pathway for infection.

With irritant contact dermatitis, the body reacts to contact with chemical. Non-allergic reaction, it's the body's reaction to an irritant, such as powder in gloves, sweating in gloves, etc. Symptoms are localized pruritic rash and dry erythematous lesions.

Chemical allergies, or t-cell mediated allergies, are the second largest occupational disability reported to OSHA, with the first being related to ergonomics. The impact is huge. Approximately 33% of glove-related reactions are chemical allergies. Only 17% are true latex allergies. The problem is that chemical allergies can come from non-latex gloves as well as latex gloves because it has nothing to do with latex. It has to do with the chemicals in the gloves. Over 13 million workers are potentially exposed to chemicals in gloves through the skin. Repeated exposure causes a sensitivity that grows into an allergy. This problem is global, with Australia, the UK, Germany, etc. having the same issues.

The chemical classifications include accelerators, accelerator activators, etc. Accelerators are chemicals that tighten the glove matrix. Gives strength to the gloves, as well as making it feel better and last longer on the shelves. The most commonly used chemical accelerators used today are Thiuram, Diphenylguanidine (DPG), Dithiocarbamates (Carbamates)

Continued on page 7

AORN *Tool Kits*

The AORN website has a lot of tools to help you do your job.

Check these out!

<http://www.aorn.org/toolkits/>

Current Membership

Please remember to renew!

Total Members – 200

Standard - 100

Lifetime – 6

2/3yr - 23

Retired – 10

Associate – 4

Student Members - 56

PEP Tier 1 Large Hospital 2

When you renew, please check your membership card to see that it states "Chapter 1902". If your name is then not on our Roster and our Chapter does not receive the chapter dues you pay.



Please invite all
Perioperative Nurses
to our meetings!

AORN Resources:



<http://http://www.facebook.com/AORN>



www.ornurselink.org/Pages/home.aspx

3M has upcoming webinars at which you can obtain free CEU's.

<https://promo.3m.com/rc/3MMEDICAL/ipdeducationwebinarcalendar>



<https://twitter.com/AORNofNewOrlean>

(You are seeing it correctly; there is no "s")

Chapter Webpage:

www.aornofneworleanschapter1902.com

Membership due to

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

September

Paras Rezaeimehr
Dara Spell
Christy Britton
Ann Cantrell
Leslie Frazier
Scarlett Desselle
Jennifer Diehl
Marcelle Lambert
Shannen Ford
Jamie Johnson
Chantel Griffin
Courtney Lehman
Paul Trinh
Pamela Zimmerman

October

Sam Bell	Fran Hughes
Michelle Benoit	Jeremy LoCicero
Jonelle Bershad	Melissa Lorio
Patrick Beshears	Jennifer Martinsen
Yasmin Cain	Penny Menge
Linda Demoruelle	Darlene Russo
Chantal Dillon	Jennifer Ryan
Kim Ferrer	Joshua Samford
Maura Fuentes	Ashlee Taravella
Nicole Hiltunen	Yolanda Washington

Membership News

EJGH: Lisa Hoffman and Delilah Ceaser are now CNOR certified. Congratulations!

Congratulations to the Associate Members who have completed the didactic portion of the AORN Periop 101 program:

- From Ochsner Medical Center New Orleans: Colleen Boyd, Michelle Cabeceiras, Brooke Froeba, JeriLynn Hall, Alexandra Humphreys, and Samantha Pearson
- From Ochsner Medical Center West Bank: Shemika Montana
- From Ochsner Medical Center Baptist: Alexandra Breland and Amber Picou

If you have news from your facility please send any updates to Mary Anne Toledano at mstoledano@ejgh.org

Chapter 1902 Bylaws Changes:

Please review the bylaws changes on the AORN of New Orleans website. These changes will be voted on at the next meeting. Click on the link below:

http://media.wix.com/ugd/6b4aab_f754dc5b4e2b44ce89659e863443d55e.doc?dn=Revised-aorn-chapter-1902-bylaws-pp-booklet-revised-august-2015-nwalker.doc



Did you know that you can donate to the AORN Foundation with every Amazon purchase without any extra cost to you?

AmazonSmile. You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service. Go to <http://smile.amazon.com/>

TRIVIA from the AORN

PERIOP INSIDER Weekly Newsletter

HOW LONG MAY AUTOLOGOUS SKIN BE STORED?

Autologous skin should be stored between 32° F to 50° F (0° C to 10° C) for no longer than 14 days.

Refrigerated skin should be submerged in a storage medium, which should be changed every 72 hours.

Refrigeration retards autolysis and helps prevent bacterial proliferation. Keeping the skin submerged helps prevent dehydration of the tissue. Changing the storage medium every 72 hours may help to prevent microbial growth and improve skin autograft viability.

CAN AUTOLOGOUS CRANIAL BONE FLAPS BE SUBJECTED TO THE STEAM STERILIZATION PROCESS?

The benefits of subjecting autologous cranial bone flaps to the steam sterilization process are that it may destroy and prevent recurrence of tumor cells and allow for reuse of the patient's autologous cranial bone for cranioplasty after tumor removal.

The harms associated with subjecting autologous cranial bone flaps to the steam sterilization process are that it denatures bone protein and may severely damage the bone structure and increase the potential for bone resorption and infection. The steam sterilization process has not been validated for use with human tissue for transplantation. A significantly high rate of postoperative graft infection was found when cranial bone grafts subjected to the steam sterilization process were used for cranial reconstruction.

Facilities or health care organizations that subject autologous bone to steam or other sterilization processes that require manufacturing controls must register with the FDA as a tissue establishment that manufactures human cells, tissues, and cellular and tissue-based products and must follow applicable requirements of 21 CFR Part 1271.



- Need another reason to SAIL with LSNA? How about a retirement party! Click here for the news! LSNA CRUISE November 5, 2015. Cruise topic "Navigating the Issues: Nursing Care and Ethics". Cruise Speaker: Alice Battista <http://www.lsna.org/news.asp?intReleaseID=413&month=7&year=2015>
- CALL FOR NOMINATIONS! Vacancy on the Louisiana State Board of Nursing. Click here! <http://www.lsna.org/news.asp?intReleaseID=411&month=7&year=2015>
- VACANCY on the Louisiana State Board of Practical Nurse Examiners. Call for Applicants for RN Position. Click here for additional information. <http://www.lsna.org/news.asp?intReleaseID=409&month=7&year=2015>
- Louisiana State Board of Examiners in Dietetics and Nutrition VACANCY. Click here if you are interested. <http://www.lsna.org/news.asp?intReleaseID=406&month=7&year=2015>
- Johnson & Johnson Campaign for Nursing's Future. Click here to watch the new video. <https://www.discovernursing.com/nursesvital#.VHTKH9Zfny0>



Louisiana Council of AORN Chapters News from Carrie Simpson

We are ready to welcome the LA State Council of AORN Chapters to the beautiful new University Medical Center New Orleans on Saturday, October 10! We will meet from 10 am – 12 noon in Conference Rooms H and I. Directions on where to park and how to locate the Conference Center once you enter the building will be forthcoming.

I will have an update on the Louisiana Association of Student Nurses Convention very soon. I know it's down to the wire; however, I have had immense difficulty receiving any sort of response from them. Things should be well on track and I will update everyone the minute I know more. Thank you to those who have already volunteered to help us out. I have not received any reply on whether or not we can do the "Day in the Life of a Perioperative Nurse" presentation that we have the past 2 years; however, we will have table space to speak to students on the exhibit floor much like we did in Baton Rouge 2 years ago. For those interested, here is the information:

Crowne Plaza New Orleans Airport. Exhibitor set up time: Thursday, September 24, 2015 (5pm - 7pm) Exhibitor days: Friday, September 25, 2015 (9am - 5pm) and Saturday, September 26, 2015 (9am - 5pm).

Beach Seminar . . . SAVE The DATE!!!

State Council is soliciting Soft Sand and a Seminar, soon!

We will be having our first annual beach seminar on Nov 14, 2015 in Orange Beach, Al. We have a great room rate of \$89 night. The room reservation directions are below and the seminar flyer will follow. You can go ahead and reserve your room. I have blocked 30 rooms. You will obtain 6 CE's. Contact me @ ksimmons10@cox.net with any questions.

A block of rooms have been reserved in the name of your group for November 13 –15, 2015: Please include the following information in all correspondence to your members.

Friday - Sunday

Date & Time: Saturday 14 November 2015 7:00 am

End Date & Time: Saturday 14 November 2015 1:00 pm

Address:

24700 Perdido Beach Blvd

Orange Beach, Al

Price \$40

Contact: Kristy Simmons or any of your LA State Council members for details and reservations!

Have you updated your ***personal profile*** on the AORN website?

1. Log onto the AORN website
2. Click on "My AORN"
3. Under "My Account", click on "Update Profile"
4. Update "User Profile" with current email address, employer, etc

The screenshot shows the AORN website navigation bar with 'My AORN' and 'Join AORN' buttons. Below it is the 'My Account' section, which displays the following information:

- Welcome Mary Anne Toledano
- Member Number: 441983
- Member Since: 5/15/2010
- Paid Through: 4/30/2018
- Email Address: mstoledano@ejgh.org
- [Change Login Information](#)
- [Update Profile](#)

AORN Surgical Conference & Expo 2016

- **Volunteer Opportunities in Anaheim:** From Donna Label (Donnalabel@comcast.net) There are many opportunities to assist – it's fun, you get to meet amazing people, and you may make a new friend (or two). Please contact Donna if you are interested in participating. Hope to see you in Anaheim!
- Poster abstracts for the AORN Surgical Conference & Expo 2016 can be [submitted online now](#). **The deadline to submit is October 2.**
- **Silent Auction Donations :** It's never too early to start planning your gift to the AORN Foundation Silent Auction at the AORN Surgical Conference & Expo, April 2-6, 2016, in Anaheim, CA. Each year, high-demand items include: vacation packages, electronics, gift cards, sports memorabilia, and more.
- Please ship all donations to the AORN Foundation by **March 4, 2016**. For more information, contact the [Foundation](#) at (800) 755-2676 or [go online](#) for more details.

Chapter Leader Training Webinar: Using Social Media

Are you looking for more effective ways to connect with your chapter members? Do you want to learn to use social media to further your perioperative nursing career? Do you have questions about social media in general? If so, join us on Monday, September 21, at 3:30pm PT/4:30pm MT/5:30pm CT/6:30pm ET, for the second in our Chapter Leader Training webinars: How to Use Social Media to Promote Your Chapter (and you!).

Presenters Kristy Wheeler, BSN, RN, CNOR, 2015-2017 Nominating & Leadership Development Committee member and chapter president of AORN Baltimore; and Brooke Keith, AORN Content Marketing Manager, will provide you with a general overview of the current social media landscape, as well as how you and your chapter can benefit. They'll share fun tips and tricks to help improve engagement on your social media sites, show you how to set up your Chapter Facebook page, and discuss ways that social media can help you better promote your perioperative nursing career, including the Top 5 Ways Social Media Can Help Your Perioperative Nursing Career.



Meeting Minutes -Continued

and Mercaptobenzothiazoles (MBTs). Thiuram accounts for 60% of accelerator related skin irritation and Dithiocarbamates accounts for 30% of accelerator related skin irritation.

Contact the glove rep to find out what you may be reacting to. Sensitivity develops over time. See a dermatologist and give a detailed medical history. Be as specific as possible. The variety in gloves is massive. Go to a doctor who understands chemical glove allergies. Bring glove and package with you to the doctor. Treatment is usually a potent topical corticosteroid. Contact dermatitis is completely curable. Get tested and see what you are allergic to. Alternative gloves are available. Latex, neoprene, nitrile (exam gloves), poly-isoprene and vinyl. Accelerator free gloves come in latex and non-latex.

Product selection should be a multi-disciplinary team approach, including the first line staff. AORN has a lot of info on the web site about glove selection. Use professional resources for recommendations for product selection.

Latisha Richardson, MSN, BSN, RN can be reached at Latisha.richardson@ansell.com or by phone 815-272-4115.

Mandy introduced Cherie Herchenhahn, the Ansell rep. Ansell has been around since 1892. Ansell has many varieties of gloves, some with no chemicals. Cherie is a good person to contact if an employee develops a chemical allergy and needs to find an alternative. Polyisoprene gloves deliver all the performance characteristics of natural rubber latex without the risk of natural rubber latex sensitization to the wearer.

Continued on page 8



Meeting Minutes -Continued

Ansell also has a turnover kit called the Sandel Stat-Pac designed to speed up turnovers. The bags are super strong and packs can be customized. Impervious linens come in the kit.

Mandy started the business portion of the meeting with introductions. Some new attendees were introduced. Mandy also suggested that members bring new nurses to the meetings to share the knowledge.

Committees/Officers Reports:

Legislative Update with Nathalie Walker: Lots of legislative stuff happening. Two openings for RN positions on boards in LA. Licensed practical nursing board, dietary and nutrition board. Nathalie will report on this in her legislative section of the newsletter.

Bylaws revisions are on ORNurseLink, on the chapter website and the link will be in the newsletter. There will be a motion at the next meeting to accept the changes at the next meeting. Please review the bylaws before the September meeting.

Financial Statement: Sheila Ostrow reported that there is \$5443.45 in the account. Mandy asked if there were any questions. No one asked questions so the financial report will be filed as is.

Membership with Ann Dieck: Ann was not able to attend, but Mandy reported that AORN is running a recruitment incentive to see who can get the most new members. Individuals who recruit new members by September 30, 2015 will be entered into a \$500 Visa ® gift card drawing. Plus, you'll still receive "Recruitment Rewards" earnings for each new member.

1 Member = \$5 Amazon.com® Gift Card**
5 Members = FREE 1-year membership***
7 Members = FREE 2-year membership***
10 Members = FREE 3-year membership***
12 Members = FREE Surgical Conference & Expo registration
AORN's website has a lot more information. Or call AORN for more details.

Education Committee: Next month's meeting is September 23rd at Ochsner in the cardiology conference room on the third floor of the atrium tower. The Ochsner librarian will discuss searching

for evidenced based practice articles and research based information. Information on surgical attire and face-to-face hand offs are some of the topics that she will review. There will not be a CE for this presentation.

Mandy and Mary Anne Toledano reached out to the other facilities but have not heard back yet for the February and March meetings. Mandy has a vendor who has a CE credit presentation that the chapter can use at one of the next meetings.

Nursing Research Committee: AORN's Nursing Research Committee is working to update AORN's National Research Priorities and would like your feedback and comments. The research priorities identify gaps in research topics important to perioperative nurses and their patients. Researchers and students can use the priorities when identifying potential topics for research to add to the body of knowledge for the perioperative environment. Your feedback is much appreciated. Priorities for Research is open for public comment on Monday, August 17, 2015 8:00 AM through Wednesday, September 16, 2015 12:00 AM. The document will need to be available for public review from Monday am until Wednesday, September 16 at 12:00am MT.

State Council with Carrie Simpson: The LA State Council of AORN Chapters will be going to the beautiful new University Medical Center New Orleans on Saturday, October 10th. The meeting is from 10 am – 12 noon in Conference Rooms H and I. Directions on where to park and how to locate the Conference Center once you enter the building will be forthcoming. Carrie will have an update on the Louisiana Association of Student Nurses Convention very soon. Thank you to those who have already volunteered to help us out. The state council will have table space to speak to students on the exhibit floor much like we did in Baton Rouge two years ago. For those interested, here is the information: Crowne Plaza New Orleans Airport. Exhibitor set up time: Thursday, September 24, 2015 (5pm - 7pm) Exhibitor days: Friday, September 25, 2015 (9am - 5pm) and Saturday, September 26, 2015 (9am - 5pm).

New Business:

AORN Surgical Conference & Expo 2016:

Continued on page 9



Meeting Minutes -Continued

There are volunteer opportunities in Anaheim. Please contact Donna Label if you are interested in participating. (Donnalabel@comcast.net)

Mandy reminded everyone that anyone can present a poster at the Expo. Anything that a facility is doing differently could be a poster topic. Poster abstracts are due by October 2nd.

Nathalie Walker reminded the members that this year will be the 25th Anniversary of the AORN Foundation. They are asking chapters and state councils to donate \$250 to the foundation. They will have a formal dance for members celebrating their 25th anniversary. The location will be announced closer to the expo.

Melissa Guidry made a motion that the chapter donate \$200 donation to the Foundation and a \$100 kindle to the silent auction. Linda Levesque seconded the motion. The motion was accepted.

2016 Chapter Excellence Award: - The Chapter Excellence Awards application needs to be submitted by December 18th. Please send photos and chapter activity information to Ramie Miller at ramiemiller@yahoo.com.

Mandy reported that there will be upgraded AORN website coming this fall. It will be easier to navigate to the latest evidence-based information and resources and more mobile friendly.

Nathalie Walker announced that AORN has acquired Pfiedler. This is the site that offers a lot of CE credits to nurses as well as AST contact hours. AORN will take over Pfiedler over a two year transition.

Melissa Guidry suggested the chapter has a social at a Pelicans game. The chapter has been done in the past. There is a \$100 deposit. Mandy suggested we do this in place of a social in November of December. Melissa will find out more information.

Mandy asked if anyone had anything else to report. No one had anything so the meeting was adjourned at 6:10 PM

Happy
Surgical
Technologist
Week!

