



PeriOperative Potpourri

New Orleans ~ Chapter 1902

May 2023



2022 - 2023 Officers

President

Roxanne McNally, BSN, RN
reblanc4@gmail.com

President-elect

Rhonda Nabors, BSN, RN, CNOR
Rhonda.Nabors@Ochsner.org

Vice President

Sharon Guardina, BSN, RN, CNOR
sguardina@att.net

Secretary

Melissa Guidry, RN, MPH, CNOR
guidrymelissa@yahoo.com

Treasurer

Shaunna Leger, BSN, RN
Sleger6478@gmail.com

Board of Directors: (2022-2024)

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Sandra.wiemann@lcmchealth.org

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Camie2883@gmail.com

Nathalie Walker, MBA, RN, CNOR
Gw_nat@bellsouth.net

(2021-2023)

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Sheila Ostrow, RN, CNOR, CRNFA
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Nominating & Leadership Development

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Newsletter Editor

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President's Message

CONGRATULATIONS !!!!! to Chapter 1902 New Orleans for achieving a 5 STAR rating on the 2022 AORN Chapter Accountability Standards.

The CAS points for 2022 is shown below:
20% - Member Growth (<0%/0 pts., 0-.99%/ 10 pts., 1%-4.99%/15 pts., 5%+/20 pts.)
20% - Diversity, Equity, Inclusion initiatives 20 pts.
20% - Completing the CAS Survey 20 pts.
20% - Meetings (0/0 pts., 1-3/5 pts., 4-6/20 pts., 7-9/20 pts., 10+/20 pts.)
20% - Contact Hours (0/0 pts., 1-3/5 pts., 4-6/10 pts., 7-9/15 pts., 10+/20 pts.)

The success the chapter had this year was directly related to a TEAM effort and our members. Let's keep that 5 STAR rating each year by all contributing to our chapter's mission, "members first". It takes a concerted effort by all the members contributing to the chapter's mission to be a successful chapter. The **FAST** way to be a successful chapter is through **F**lexibility **A**daptability **S**ustainability and **T**echnology leverage. Since we are quickly approaching the end of our 2022-2023 term year and the new officers will soon be installed for the 2023-2024 term, we want to focus our goals on maintaining the 5 STAR rating for 2023. Chapter officers serve the chapter members and help advance the AORN mission at the local level. Start thinking NOW of how the chapter can meet your member needs and expectations (ie., incentives, recruitment, and leadership and mentoring opportunities), as well as, community outreach activities. Consider opportunities to serve on committees. Personally get involved in the direction of the chapter and ways to "give back" to your profession through your chapter. Mary Anne, our Nominating Committee Chairperson, is still seeking a candidate for President-Elect. If you or someone you know has served as least one term as a chapter Board Member, you are eligible to run for President-Elect. Please "step up to the plate". Our chapter needs YOU. Contact Mary Anne ASAP. THANK YOU! The official ballot for the 2023-2024 term year has been sent out in this May newsletter and will include the voting instructions. The new 2023-2024 officers will be announced at our meeting on Wednesday May 24, 2023.

Our Installation Banquet/Ceremony will be on **Wednesday June 28, 2023**. Please join the

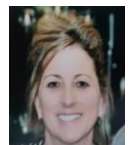
chapter in congratulating the new board members by showing your support and their willingness to serve you, the members. Check out The Installation flyer in this newsletter ... **Limited Seating... RNs only!!**

Become a Speaker at AORN Expo 2024. Are you an experienced perioperative nurse with new practice ideas or research findings that you'd like to share with your colleagues? If so, we have the perfect place to do it. AORN is currently seeking education session proposals for AORN Global Surgical Conference & Expo 2024, March 9-12, in Nashville, TN, and we want to see your name on the list. Make Your Mark in Nashville. AORN Expo thrives on the contributions of members like you. Plus, sharing your knowledge can have a far-reaching and beneficial impact on perioperative professionals and patients worldwide. Some of the best proposals come from perioperative team members. **Education proposals are being accepted through Wednesday, May 31, 2023**. Don't miss your chance to make your mark on the global perioperative community! Deadline is May 23: to Nominate candidates for 2024-25 AORN national office.

DON'T LEAVE CONTACT HOURS BEHIND
You still have time to get caught up on the sessions you missed at the conference. Session recordings will be available through July 31. You can also enter contact hours until then by visiting AORN's online evaluation center. A record of your contact hours will be available in your MyAORN profile. **Expo Session Recordings** can be accessed through the conference app on your phone or at AORN.org Don't forget to update the conference app (on your phone or at AORN.org) before you get started.

The next Chapter meeting on **Wednesday May 24, 2023**, will be at **THE BLUE CRAB RESTAURANT**, sponsored by Jodi Fitzpatrick with Executive Tissue Regeneration Specialist. **SEE flyer in this newsletter. RSVP by May 19th to Roxanne McNally: reblanc4@gmail.com** **Limited Seating... RNs only.**

Roxanne



Chapter 1902 Event Calendar 2022-2023

May 24th:

Dinner at the Blue Crab
7900 Lakeshore Drive

June 28th:

Installation Banquet,
Quarter View Restaurant,
613 CLEARVIEW PKWY

The chapter meeting
schedule for
2023-2024 will be
completed at the
BOD meeting in July.
More information to
follow.



AORN Chapter 1902 Dinner Meeting

Wednesday May 24, 2023

5:00pm - 7:00pm

BLUE CRAB RESTAURANT

Party Room

7900 LAKESHORE BLVD. NEW ORLEANS, LA

SPONSORED BY:

JODI FITZPATRICK

WITH

EXECUTIVE TISSUE REGENERATION SPECIALIST

RSVP: TO ROXANNE MCNALLY

BY: MAY 19, 2023

RLEBLANC4@GMAIL.COM

Limited Seating; RNs only



AORN Chapter 1902 Installation Banquet

June 28, 2023

5:00pm - 7:00pm

QUARTERVIEW RESTAURANT

613 CLEARVIEW PKWY., METAIRIE, LA

BUFFET MENU

SPONSORED BY:

NICK MAGGIO

WITH XODUS MEDICAL

RSVP: TO SHARON GUARDINA

BY: JUNE 26, 2023

SGUARDINA@ATT.NET

Limited Seating

RNs only

Membership Information

Standard – 130	Leader-5
Students – 12	Associate – 2
Lifetime – 25	Leader - 6
2/3yr – 22	Retired –9
Group Level 1- 13	Monthly – 9
	New to OR - 25

Total Members – 254

Please bring an OR nurse with you to the chapter meetings. We ❤️ our new members!

Be sure your chapter membership status on “My AORN” states “Chapter 1902”.

Member Resources



<http://http://www.facebook.com/AORN>



www.ornurselink.org/Pages/home.aspx



<https://twitter.com/AORNofNewOrlean>
(You are seeing it correctly; there is no “s”)

Chapter Webpage:

www.aornofneworleans.com

Membership due to Lapse

Membership expires on the last day of your renewal month. Here is a reminder that your membership expiration is in the near future:

April

Courtney Darby
Aisha Davis
Danika Deems
Elizabeth Derbigny
Taylor Durand
Alaina Labat
Ashley Marchese
Jeff Poche
Cierra Price
Debra Redfearn
Laurie Siekkinen
Stephanie Talbot
Logan Weber
Rhonda Wilson

May

JULIE BORCHERS
NICOLE BORDELON
Caroline Conway
Diana Gomez-Argueta
Rosalie Gonzales
Sharon Guardina
Sherry Harvey
Rachael Hiden
Sarah Keller
R. MCDONALD
Jessica Messina
Katie Pendergrass
Michelle Toups
Stacy Vice

June

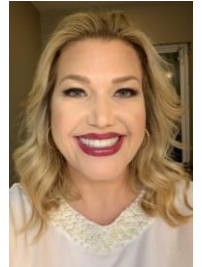
Pamela Boulet
Kristen Guidry
Lisa Hoffman

Trea\$urer's Report:

Starting Balance: \$13,435.69

Debits: 1240.00
Deposits: \$910.00

Ending Balance: \$12,585.69



Shaunna Leger, BSN, RN

*Do you shop on
Amazon?*

Did you know you can donate to the
AORN Foundation
with every purchase?



[Click here to find out more!](#)



Which committee will you be joining?



Research Committee Members
Chair: Michelle Delima
Mary Anne Toledano
Camille Perniciaro

Nominating Committee Members
Chair: Mary Anne Toledano
Karen Bonilla

Membership Committee Member
Chair: Mary Anne Toledano
Roxanne McNally
Jennifer Foster
Shaunna Leger

Social Committee Members
Chair: Sandi Wiemann
Sharon Guardina
Nathalie Walker
Karen Bonilla
Roxanne McNally

Education Committee Member
Chair: Mary Anne Toledano
Nathalie Walker
Shaunna Leger
Camille Perniciaro
Sheila Ostrow

Community Service Committee
Chair: Sharon Guardina
Roxanne McNally
Karen Bonilla
Nathalie Walker
Camille Perniciaro
Sheila Ostrow
Sandi Wiemann

**Program Committee Members
(Winter Seminar/Vendor)**
Chair:
Co-Chair: Sharon Guardina
Co-Chair: Nathalie Walker
Mary Anne Toledano

Ways & Means Committee Members
Chair: Nora Lambert
Jennifer Foster
Shaunna Leger



Meeting Minutes – from the secretary

East Jefferson General Hospital
April 26, 2023

Call to Order – Roxanne McNally at 5p

*Quorum established

Treasurer – Shaunna Leger

No report at the meeting – report will be published in May newsletter.

Minutes – Melissa Guidry

Minutes published in newsletter – no corrections noted.

President’s Report – Roxanne McNally

Thank you to Todd Riddell, CSI for sponsoring today’s meeting.

Guest Speaker – Todd Riddell

CSI is a 30-year-old company providing rigid and flexible scope services. The average hospital saves between \$300,000 and \$1 million annually. This is a fee/procedure and staff are provided to the facility depending on contract requirements. CSI provides all types of service and will supply equipment/instruments or can work with facilities who have their own equipment/instruments. They are brand neutral.

Legislative Committee – Nathalie Walker

Thanks to Nathalie, Sheila Allen and Mary Anne for working tirelessly on the Smoke Free Plume – SB 29. LA Council is an affiliate of LSNA and they have supported this legislation 100%. SB29 was authored by Senator Gerald Boudreaux from District 024, Lafayette and co-authored by Senator Cameron Henry, Metairie. The Bill passed the Senate with no opposition and moves to the Health and Welfare Committee then to the House. The chapter is asking for member support by sending emails in support of SB 29 to your perspective Senator and Representative. Nurses Day at State Capital on April 19th was a success. A demonstration of smoke plume was available and answered questions from legislators.

70th Expo Report – Rhonda Nabors, Delegate Chair
All 11 delegates from Chapter 1902 attended the required sessions. Rhonda gave an overview of Expo:

*Report from Vangie Dennis on her year as President. She listed growth, CNOR Prep, Renewal discounts and one-time payout of \$10/member.

*Surgical Smoke Evacuation–Go Clear award recipients.

*Chamberlain collaborative – estimated 203,000 RN opening and exploring creative ways to fill and recruit positions. Of the students enrolled at Chamberlain, 80% plan to work in perioperative services.

*Three position statements were approved

*DEI – James Cousins gave a report on initiatives – where we are now and future

*AORN Foundation – 2022 accomplishments listed with over \$300,000 raised to support programs, scholarships, etc. Chapter 1902 donated \$200 to the Foundation.

*General Session Speakers – all were awesome

*Voting Matters – AORN has over 44,000 members; however, only 1000+ voted. Results of the election were reviewed.

*Louisiana, West Virginia and Delaware were the only states to seat all of their delegates.

*Individual Achievement awards – Mary Anne Toledano received Outstanding Achievement in Evidence-Based Practice for her implementing Scott Triggers system wide at Ochsner. Congratulations Mary Anne for being recognized for this achievement. Job well done!

*Wellness Pavilion – Sharon Guardina gave an overview of the reason for Animal assisted therapy at Expo. Some of the activities included puppy and kitten snuggles, baby goat snuggles, llamas picture taking, fitness sessions and goat yoga. Animal assisted therapies have been shown repeatedly to improve feelings of health and wellbeing – both mental and physical health.

*Next Congress is in Nashville, March 9-12, 2024.

Nominating Committee – Mary Anne Toledano

The ballot will be published in the May newsletter. At this time President-Elect will be listed vacant on the ballot unless someone steps up to be listed on the ballot. Discussions as to ideas of who might be interested in having their name on the ballot for President-Elect. There are several members who can mentor anyone who agrees to be placed on the ballot.

Upcoming board meeting this summer – Rhonda Nabors
Rhonda will be installed as President in June. She is planning her first board meeting at her home in Westwego.

New Orleans Medical Mission Services – Melissa Guidry
Gala is planned for Friday, October 13th at Generations Hall. NOMMS is a great opportunity to volunteer – if you have Wednesday or Saturday mornings, the warehouse is open for preparing supplies for mission trips. Additional information can be found on www.nomms.org

Pearls of Wisdom – Nora Lambert

“The only place where success comes before work is in the dictionary.”

Vidal Sassoon

No other business, meeting adjourned at 640 pm.

Respectfully Submitted,
Melissa Guidry



2023-2024 AORN of New Orleans Chapter Candidates for Office BALLOT

Official Ballot for Candidates for 2023-2024 AORN Chapter 1902 New Orleans for:
President-Elect x 1
Treasurer x 1
Board of Directors X 2

Please submit your ballot, by emailing the Chair of Nominating Committee (MaryAnne.Toledano@Ochsner.org), prior to the May 24th chapter social. The new officers will be announced at the May 24th chapter social, and the newly elected officers will be installed in June at our Installation ceremony.

President Elect: write in: _____

Treasurer: Shaunna Leger _____
write in: _____

Board Member: (2 to be elected)

- Karen Bonilla-Zeldon** _____
- Kashanda Foley** _____
- Nora Lambert** _____
- Shannon Hayes** _____
- write in: _____

Respectfully submitted: Mary Anne Toledano, MSN, RN, CNOR, Chair of Nominating
MaryAnne.Toledano@Ochsner.org

★ Chapter Hospital Liaisons ★

Baptist – Lauren Levert

VA-Lisa Hoffman

Lakeview-Christal Cook

Ochsner Kenner-Shari Fourcade

Ochsner Elmwood-Kathy Blanchard

St. Charles Surgical – Roxane Davis

Sterling Surgical Hospital – Shawn Danos-Travis

Ochsner Jeff Hwy-Rhonda Nabors/Camille Perniciaro

Children's – Christi Guillot

Touro-Cheryl Johnson

EJGH-Parastoo Rezaeimehr

UMC-Karen Bonilla

We would like to encourage a member from

**Tulane, Ochsner West Bank, Crescent City
and West Jeff**

and **all other facilities** to volunteer as a liaison to assist with providing information to your peers. If you are interested, please email the chapter at aorn1902@gmail.com

Thanks to those members listed above who have volunteered - you are **greatly** appreciated!



New this year on the Exhibit Hall floor was BOOTH 553

WELLNESS PAVILION -focusing on improving your Mental Health through “Animal Assisted Therapy” giving you a break from the hustle and bustle of life where you can experience the therapeutic qualities that animals can give

Animal assisted therapy has been shown repeatedly to improve feelings of health and wellbeing

Animals have long been shown to increase oxytocin levels (the “bonding hormone”), increase dopamine levels (a neurotransmitter associated with rewards), decrease cortisol levels (the “stress hormone”), decrease blood pressure, and improve PTSD/depression/anxiety treatment regimens.

Mental Health:

- Just petting animals release a relaxation response.
- Humans interacting with animals have found that petting the animal promoted the release of serotonin, prolactin, and oxytocin- all hormones that can play a part in elevating moods.
- Lowers anxiety and helps people relax.
- Provides comfort.
- Reduces loneliness.
- Increases mental stimulation.
- Can provide an escape or happy distraction.
- Can act as catalysts in the therapy process.
- May help break the ice.
- May reduce anxiety.

Physical Health:

- Helps lower blood pressure and improves cardiovascular health.
- Reduces the number of medications some people need.
- Breathing slows in those who are anxious.
- Diminishes overall physical pain.
- Helps you relax more during exercise.
- Helps you be more motivated and enjoy therapy sessions more, and felt the atmosphere of therapy sessions to be less stressful during Animal-Assisted therapy.

Some of the “Animal Assisted Therapy” activities in the Wellness Pavilion included:

PUPPY AND KITTEN SNUGGLES

BABY GOAT SNUGGLES

LLAMAS PICTURE TAKING

FITNESS SESSIONS with NURSE LULU for those who wanted a quick stretch and health session

GOAT YOGA was fun and easy to follow yoga classes with a bunch of baby goats (5 weeks old goats outfitted in tutus and diapers) who jumped on your back as you did your yoga stretches. The original GOAT YOGA started as a birthday party on a summer day in Oregon by Lainey Morse , a photographer and a mental health advocate. Goat yoga quickly grew to a global sensation.

Submitted by: Sharon Guardina

